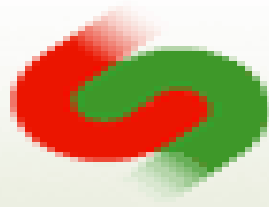


GRUPO  
Sumol



**PORTUGAL DAY RUN  
5KM MILE KIDDIE DASHES  
WHEELCHAIR  
NEWARK, NJ (IRONBOUND)  
JUNE 12, 2005  
USATF NJ-CERTIFIED-FLAT**

**RAFFLE PRIZES INCLUDE:**

Round trip to Portugal  
Gift Certificates to local Portuguese Restaurants  
Specials prize by Pearl Izumi  
And much more!!!!

**Prizes By  
Pearl Izumi**

**WHEELCHAIR  
PRIZE  
MONEY**

**Time:** 5KM 9:00am 1Mile 10:00am Kiddy Dash to follow

**Place:** 82-84 Ferry St., Newark NJ

At Iberia Restaurant Parking lot

**Entry-Fee:** 5KM \$12(postmark 6/7), \$17(Day of race)

**WHEELCHAIR-FREE ENTRIES**

1 Mile \$8(postmarked 6/7,\$10(Day of race)

**Age Groups:**

5KM 10 & under, 11-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70-over  
youngest & oldest finisher

**1Mile Participants 14 and under are free(entries close at 9:30AM)**

**Kiddie Dash Participants 5 and under. Free entry.**

**Awards: 5KM(OVERALL WINNER MALE/FEMALE \$)**

For 1<sup>st</sup>, 2nd, 3rd, 4th, 5th place overall male/female (\$350, \$250, \$150, \$100,\$50).

For 1<sup>st</sup> place male/female starting in age group 20-29, 30-39,40-49, 50-59, 60-69, 70+

PAIR OF PEARL IZUMI FLOAT'S TO ABOVE GROUP M/F WINNERS

WHEELCHAIR-1<sup>ST</sup>-\$200, 2<sup>ND</sup>-\$150, 3<sup>RD</sup>-\$100 Male/Female Plus Trophy

1Mile Trophies to first 3 Male/Female Medals to all participants

Kiddy Dash All participants receive medals

**Special Thanks to all Sponsors:**

SUMOL  
IBERIA RESTAURANT  
PEARL IZUMI  
SEABRA GROUP  
IRONBOUND AMBULANCE SQUAD  
CITY OF NEWARK-NEWARK POLICE  
SPT TELEVISIO-SIC INTERNATIONAL  
LUSO AMERICANO NEWSPAPER  
TRIUNFO IMPORT & EXPORT  
RADIO LUSO AMERICAN CB'S  
KING HOLIDAYS  
BEIRA MAR RESTAURANT

**T-Shirts:** T-shirts to all pre-registrants and post-registrants while supplies last

**Results will be posted on [www.compuscore.com](http://www.compuscore.com) or [www.denoflions.com](http://www.denoflions.com)**

**Directions:** From Rt 21 North/South turn into Edison Place onto Ferry St (one block from Newark Penn Station). Go two blocks and on the left is Iberia Restaurant.

**Additional info:** For prize money you must be 18 and over.

**Contact:** Call (973) 589-7878 after 7pm or email [Cacm1969@aol.com](mailto:Cacm1969@aol.com)



**Mail-in Registration Form**

**Make Checks Payable To:** Den of Lions

**Mail Entry To:** Den of Lions, Attn: Carlos Martins-18 Gotthart St.Newark, NJ 07105

NAME: \_\_\_\_\_ SEX: \_\_\_\_\_ AGE:On race day \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

RACE: Circle one 5KM or 1Mile or Wchair T-SHIRT SIZE: XL L M S

SIGNATURE:(Parent signature if under 18) \_\_\_\_\_

In consideration of the acceptance of this entry, I hereby waive and release all claims for damage or injury I may have against the Den of Lions, City of Newark, sponsors of the Portugal Day Races held on Sunday June 12, 2005. I attest and verify that I am physically fit and have trained sufficiently for this race.