



Presents:

Somerset Valley YMCA HILLSBOROUGH HOP

5TH ANNUAL 5K RUN AND FUN WALK

Saturday, June 4, 2005 - 9:00 am

Somerset Valley YMCA Hillsborough Center

19 East Mountain Road Hillsborough, NJ 08844



New Jersey Grand Prix Event

500 points

Entry Form (one per person)

Parking and Directions

From 206 South, make a right on Amwell Road in Hillsborough (left from 206 North). Continue on Amwell Road to 3rd traffic light at Beekman Lane. Make right onto Beekman. Make 1st left onto South Branch Road. YMCA is half -mile down on your left. Parking at the Y is limited. Please carpool if possible! Overflow parking is available at the Municipal Complex. Please arrive early and obey instructions of traffic marshals.

Course Description

USATF sanctioned and certified (point-to-point) course (NJ01017GAN) beginning at the Hillsborough Center and ending at the Municipal Complex. Fast, flat course (not closed to traffic). Two water stops available along the race and at finish. Half mile walk back to the Y for awards ceremony. The course and Y are ADA accessible. Course description available at: www.ymcasomersetvalley.org.

Awards

5K: Top 3 overall male and female
1st male/female SVYMCA member and employee
Top 3 female and male finishers in the following age categories: Under 12, 12-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59 and over 60.
Special Category: Mom and Son; Mom and Daughter; Dad and Son, Dad and Daughter. (Mail applications together.)

Contact Information

(908) 369-0490

e-mail:

amorgan@ymcasomersetvalley.org

website: www.ymcasomersetvalley.org

Miscellaneous Information

Computer scoring by Compuscore - www.compuscore.com. Babysitting available at the Y for \$3 per child. All proceeds from the race will benefit our youth scholarship program.



Partnering for a
Healthy Community

Registration Information

Registration/Package Pick-up	7:30am
5K run and Fun Walk	9:00 am
Awards Presentation	10:15 am

Registration, packet pick-up, start, awards presentation will all take place at the Y. Due to traffic activity and safety issues, the run will end at the Municipal Complex (1/2 mile cool-down walk back to the Y). Race day registration/package pick-up closes at 8:45 am. Cash and Check only accepted for race day registration. Please arrive early to allow for ample parking time.



Entry Fee Submission

Make checks payable to:
Somerset Valley YMCA
Send checks and application to:

SVYMCA Hillsborough Center
19 East Mountain Road
Hillsborough, NJ 08844
Attn: Hillsborough Hop

We highly encourage on-line registration!
On-line registration closes 6/1.
Please visit www.active.com.

Entry Fees*

	Before 5/21	On or after 5/22
Adult age 15 or older	\$18	\$20
on-line @ Active.com	\$15	\$20
Child ages 6 -14	\$10	\$15
on-line @ Active.com	\$ 8	\$15

*Entry fee includes the race admission, goodie bag and t-shirt for participants 6 and up if registered by May 21st - others while supplies last. Children 5 and under may participate for free with a registered adult.

2005 USATF-NJ members may take an additional \$2 discount when pre-registering for the 5K race only. Include USATF-NJ # on application.

USATF-NJ# _____
Select one: Adult (ages 15 and up)
 Youth (6-14 years of age)

Note: If you would like to compete in the parent/child category, please mail applications together and check here .

Select one: 5K Run Fun Walk

First Name _____

Last Name _____

/ / Birthday Age on Race Day
 Male Female

Address _____

City _____

State _____ Zip _____

E-mail (e-mail will be used to communicate some race info.) _____

Phone _____

Shirt size: Adult XS S M L XL

As of today, are you a SVYMCA member? Yes No
As of today, are you a SVYMCA employee? Yes No

Check here if you need race day babysitting and include an additional \$3.00 with your race fee.

I AM AN ADULT OVER 18 YEARS OF AGE AND WISH TO PARTICIPATE IN YMCA ACTIVITIES. In addition, I give my children permission to participate in YMCA activities. I understand that even when every reasonable precaution is taken, accidents can sometimes still happen. Therefore, in exchange for the YMCA allowing me to participate in YMCA activities, I understand and expressly acknowledge that I release the YMCA and its staff members from all liability for any injury, loss or damage connected in any way whatsoever to my (or my children's) participation in YMCA activities whether on or off the YMCA's premises. I understand that this release includes any claims based on negligence, action or inaction of the YMCA, its staff, directors, members and guests. I have read and am voluntarily signing this authorization and release.

Signature (if participant is under age 18, parent or guardian must sign.)
Date _____