

5K Run ~ Fitness Walk

5000 Strides...
A 5K for the American Family



Monday, June 13, 2005
Ginty Field Complex
Morris Twp., NJ
7:15 p.m.



WORLD INFERTILITY MONTH



5000 Strides...A 5K for the American Family RESULTS: www.compuscore.com

SCHEDULE -

- 5:15 p.m. Registration
- 7:00 p.m. 5K Fitness Walk
- 7:15 p.m. 5000 Strides 5k Run
- 7:30 p.m. 1 Mile Fitness Walk
- 8:00 p.m. Awards

AWARDS -

1st, 2nd and 3rd Overall Male & Female and age groups.

AGE GROUPS -

5 years - 19 & under to 75 & over

FEES -

- \$15 By June 8th
- \$13 (USATF) by June 8th
- \$18 After June 8th & on race day

AMENITIES -

5000 Strides Tee, DJ, Prize Drawing

SCORING & RESULTS -

CompuScore.com

RACE DIRECTION -

By On Your Mark Productions
www.OYMP.net

REGISTRATION -

By mail or online at
www.Compuscore.com

COURSE -

USATF Certified. Flat and fast on local roads in Morris Township. Mile clocks, 2 water stops.

INFORMATION -

www.OYMP.net
732-381-0318 mzrace@oymp.net

Checks payable and Mail to: OYMP, 1004 South Branch Dr., Whitehouse Station, NJ 08889

Please Check Race 5K Fitness Walk 1 Mile Fitness Walk 5K Run

Entry Fees (Please check only one)

5K Run/Walk

USATF Members

\$15.00 Pre-Registration (before June 8, 2005)

\$13.00 Pre-Registration (before June 8, 2005)

\$18.00 Post-Registration (June 8, thru race day)

\$18.00 Post-Registration (June 8, through race day)

Tee Shirt Size: Medium Large X-tra Large

last name

first name

street

city

state

zip

phone

date of birth

age on race day

gender

email

2005 USATF #

Waiver/ Release: In consideration of this entry being accepted, I hereby, for myself and heirs, executors and administrators, waive and release all claims and causes of action I may against RMA, Morris Township, Morris County Parks, OnYour Mark Productions and any and all parties involved in 5000 Strides, for injuries that I may suffer, and for any other loss or liability connected with the event. I certify that I am physically able to participate in the event and grant permission to use my likeness in any photographic record of 5000 Strides...A 5K for the American Family.

signature

date

signature of parent if under 18