

The East Amwell Education Foundation's  
**2nd ANNUAL 5K HARVEST RUN**

**Saturday - September 11, 2004**

**5K Run 9:00 a.m.**  
**1 Mile Health Walk 9:30 a.m.**  
**Children's Popsicle Races 10:00 a.m.**

**Course:** The 5K race will be run on country roads and beautiful fields in the rolling hills of Ringoes. Post event refreshments and souvenir T-shirts to all 5K registrants while supplies last!

1 mile Health Walk and Children's races will take place on East Amwell School property and athletic fields.

**Registration:** Pre-register by mail, postmarked by August 29, 2004 or in person on September 11 between 7:45 and 9:00 a.m.

Registration Fees	Pre-Registration	Sept. 11, 2004
5K Run	\$15*	\$20*
1 Mile Health Walk	\$ 5	\$ 5

Children's Popsicle Race – **FREE** – Race day registration only!

\*5K registration includes T-shirt.

**Additional T-shirts available race day for \$10 while supplies last.**

**AWARDS (5K):** 1<sup>st</sup>, 2<sup>nd</sup>, & 3<sup>rd</sup> place overall M/F runners. 1<sup>st</sup> place M/F in each age group. Awards distributed following the events.

**CATEGORIES:** (Female and male runners) 14 and under, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+

**DIRECTIONS:** All events start at East Amwell Township School which is located on Wertsville Road ¼ mile from the intersection of Route 202/31 and Wertsville Road, Ringoes, NJ (Hunterdon County). Just four miles south of the Flemington circle.

**FOR ADDITIONAL INFORMATION AND DIRECTIONS, PLEASE CALL 609-773-0967**

Application must be printed, complete & legible. One person per form. Mail application with check, payable to FEACE to:

FEACE, P.O. Box 133, Ringoes, NJ 08551

LAST NAME \_\_\_\_\_ FIRST NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_

STATE \_\_\_\_\_ ZIP \_\_\_\_\_ PHONE \_\_\_\_\_ E-MAIL \_\_\_\_\_

AGE (on race day) \_\_\_\_\_ BIRTHDATE \_\_\_\_/\_\_\_\_/\_\_\_\_ SEX \_\_\_\_\_

5K RUN \_\_\_\_\_ OR 1M WALK \_\_\_\_\_ BEST 2003 5K TIME: \_\_\_\_\_ 2003 USATF NO. \_\_\_\_\_

5K RUN \$ \_\_\_\_\_ OR 1M WALK \$ \_\_\_\_\_ + Tax deductible donation to the FEACE \$ \_\_\_\_\_ = Total \$ \_\_\_\_\_

I know that participating in the FEACE Harvest Run, Health Walk or Fun Run is potentially a dangerous activity. I should not enter and participate unless I am medically able and properly trained. I agree to abide by the decision of any event official relative to my ability to safely complete the event. For the safety of all participants, I understand that skates, baby strollers, baby joggers or animals are not permitted at this event. I assume all risks associated by my participation in the event for which I am registered including but not limited to falls, contact with other participants, the effects of weather, traffic and road conditions, all such risks being known and appreciated by me. Having read, understanding this waiver and knowing these facts and in consideration of acceptance of the application, I, for myself and anyone entitled to act on my behalf waive and release the East Amwell Education Foundation and all sponsors, their representatives and successors from all claims and liabilities of any kind arising from my participation in this event, even though that liability might arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose.

Signature in Full (or Parent/Guardian Signature if entrant is under 18)

Date

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