



MENDHAM 10K RUN FOR PATRIOTS

A Grand Prix Trail Race

A Trail Run on Patriot's Path
Sunday, October 3, 2004

Location:

Brookside Community Club Fields
 Mendham, New Jersey

Schedule:

- 11:00am- Registration
- 11:30am- First Bus Leaves for Start
- 12:15pm- Last Bus Leaves for Start
- 12:30pm- 10K Run For Patriots
- 1:45pm- Family Fun Run
- 2:30pm- Awards Ceremony

Registration:

By mail or online at www.Active.com

Course:

10K-The rugged Patriot's Path from Ralston Firehouse to Brookside Community Club Fields. Mile splits, water stops.
 You'll be bused to the 10K start.
 1 Mile Family Fun Run- around Brookside Community Club Fields

Entry Fee:

- 10K \$15 by 9-15,
\$20 after 9-15
 - Fun Run \$10 (age 10 & under)
\$15 (age 11 and older)
- \$2 Discount to all USATF-NJ members and Mendham residents.

Awards:

10K- 1,2,3 Overall and Age Groups,
 Male & Female
 Fun Run- Finishers Ribbons

Age Groups:

19 and under, 20-29, 30-39, 40-49,
 50-59, 60-69, 70 & over.

Amenities:

10K- Long Sleeve T-shirt
 Fun Run- Short Sleeve T-shirt
 Refreshments, DJ, Prizes, Fun

Info/Results:

www.compuscore.com
 908.665.8038

Directions:

From Rt. 287 (North and South).Exit 36.
 At first light, make left onto Ridgedale Avenue. At next light, make right onto Morris Avenue. At third light, bear left up the hill and follow one way traffic around The Green. Right at light onto Washington Street (Rt.24).Continue on Route 24 past Lewis Morris Park approx. 1 1/2 miles until you take a Right on Cherry Lane. Proceed down hill past firehouse and take right onto Main street. The Brookside Community Fields are immediately on Right.

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Official Entry Form

Checks Payable to Sprint, Shoot and Score, Inc

Mail to: PO Box: 307, Mendham, NJ 07945

last name	first name
street	city
state	zip
date of birth	age on race day
sex	phone
2004 USATF#	
Event <input type="radio"/> 10K <input type="radio"/> 1 Mile Fun Run	T-Shirt Size(please check) <input type="radio"/> YL <input type="radio"/> OS <input type="radio"/> M <input type="radio"/> L <input type="radio"/> XL

In consideration of being accepted in the Mendham 10K Run for Patriots, I for myself, my heirs, executors, administrators, and assigns, do hereby expressly release and discharge the Township of Mendham, the Borough of Mendham, Morris County Parks Commission, Sprint, Shoot and Score, Inc., the organizers, directors, sponsors, and volunteers, their agents, servants, and employees from any and all claims, demands and actions or judgements of any kind arising out of participation in this event.

signature (parent or guardian if under 18) _____
 date _____