

# FAMILY CONNECTIONS RUN/WALK

SUNDAY, OCTOBER 10, 2004



**Events:** 1/2 Mile Race for Children 10 & Under 9:30 a.m.  
1 Mile Race for Children 11-14 Yrs. 9:45 a.m.  
2 Mile Race 10:00 a.m.  
5K Race 10:30 a.m.  
2 Mile Fun Walk 11:00 a.m.

**Place:** Crest Drive and Washington Rock in the South Mountain Reservation in Millburn-Maplewood, NJ area. Take Garden State Parkway exit #144 onto South Orange Avenue, heading west. Go through South Orange Village and up the hill. At the top, make a left onto Crest Drive.

**Awards:** Children's races -Medals to all finishers  
2 Mile Race -Awards to first five males and females  
5K Race -Awards to first three(m &f) in each age group  
2 Mile Walk -Medals to all finishers  
**Awards to top 3 (m&f) running clubs in 2M and 5K races**

**Age Groups:** 10 & Under  
11-14 45-49  
15-19 50-54 **Scoring by CompuScore**  
20-29 55-59 **Website Results for**  
30-34 60-69 **All 2M & 5K Runners**  
35-39 70-79  
40-44 80 & Over

**Family Connections (FC), formerly known as Family Service and Child Guidance Center, has been providing a wide array of mental health and social services to families in Essex County since 1879. Visit us at our website, [www.familyconnections.nj.org](http://www.familyconnections.nj.org) or visit our Main Office at 395 South Center Street in Orange (973) 675-3817.**

Individual & Family Therapy  
Employee Assistance Programs  
In-Home Crisis Intervention  
Social Skills Groups for Children  
Aftercare Counseling

Reunity House  
Youth Connections  
Success by Six  
Senior Connection  
Parenting Groups

The Community School  
The Family Wellness Initiative  
Academic Enhancement Counseling  
School-Based Youth Services Program  
Outpatient Substance Abuse Counseling

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**Event fees and registration form on back.**

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