



Carnegie Center 5K

and 1-Mile Fun Run

for The Parkinson Alliance

October 2, 2004

Saturday (rain or shine)

Fun Run: 7:30-8:45 AM Registration
9:00 AM Start

5K: 7:30-9:15 AM Registration
9:30 AM Start

101 Carnegie Center Parking Lot
West Windsor, NJ

RACE HOTLINE:

609.631.9211 or fennelly@fennelly.com (Jerry Fennelly)

- Walkers and families welcome!
- Food and refreshments
- Awards to 5K age-category and group team winners: 1st, 2nd and 3rd place
- Relatively flat course
- USATF Certified Course, Sanction Race; USATF-NJ Grand Prix Event (500 points)
- T-Shirts (while they last)
- Water stops
- Group teams comprised of at least 4 participants welcome *
- Baldasari and Leestma timers

DIRECTIONS: Carnegie Center on Route 1 North adjacent to Hyatt Regency Princeton between Alexander and Meadow Roads in the Princeton area (north of Quakerbridge Mall/Quakerbridge Road (Rte. 533) and south of Washington Road/Rte. 571). Look for signs.

From North: Take Route 1 South. Jughandle on to Carnegie Center Drive West. Proceed to Building 101 parking lot.

From South: Take Rte. 295 to Rte. 1 N. for about 4 miles. Make right at traffic light to Carnegie Center Dr. West. Go to Bldg. 101 parking lot.

~ SPONSORS ~				
Boston Properties, Inc. Future Signs	Grand Bank	Hyatt Regency Princeton Interpool, Inc.	KickStart! Mailing Services	NAI Fennelly Yardville National Bank

----- Detach and Return Bottom Portion -----

Carnegie Center 5K and Fun Run for The Parkinson Alliance

If you want to support this cause, but will not be participating in the race, your donation is appreciated.

100% tax-deductible donation of \$ _____ enclosed or donate online at www.parkinsonalliance.org

Pre-registrations must be received by September 27, 2004 (photocopies accepted). Signed Waiver and Release required for each participant. Race Day registration available. Fees are per participant. * For Group Teams, please submit all team member registrations at one time.

Name: _____
 Address: _____
 City: _____
 State: _____ Zip: _____
 Phone: (____) _____

Participant Only:
 Age on Race Day _____ Date of Birth _____
 Gender (circle one): Male Female
 Adult T-Shirt Size (circle one): L XL XXL
 *If applicable, Group Team name: _____

USATF members only: 2004 USATF-NJ #: _____ and 5K Fee (circle one): Pre-Register \$17 Race Day \$20

REGISTRATION FEES (circle one): **5K:** Pre-Registration: \$19 enclosed Race Day: \$22 enclosed
Fun Run: Pre-Registration: \$10 enclosed Race Day: \$12 enclosed

Mail registration form and check **PAYABLE TO:**

THE PARKINSON ALLIANCE - or -
 c/o Gerard Fennelly, Race Director
 NAI Fennelly
 3535 Quakerbridge Road, Suite 102
 Hamilton, NJ 08619

Register online
 at
www.active.com
 and

www.parkinsonalliance.org



WAIVER AND RELEASE (Must be signed to participate)

I understand that my consent to these provisions is given in consideration of the acceptance of this registration and for being permitted to participate in this event. I am a voluntary participant in this event and in good physical condition. I hereby assume full and complete responsibility for any injury or accident which may occur during my participation in this event or while on the premises of this event and I hereby release and hold harmless The Parkinson Alliance, Boston Properties, Carnegie Center Associates, NAI Fennelly, Fennelly Associates, Inc., West Windsor Township, USATF and local USATF Association, corporate sponsors, and all other persons or entities associated with this event (including their employees or affiliates) from any claims I may have arising out of participation in this event, including personal injury or damage suffered by me or others, whether same be caused by negligence of any of the said parties' agents or employees, or otherwise. If I do not follow all the rules of this event I understand that I may be removed from the competition. I give my full permission to any of the said parties to use any photographs, videotapes or other recordings of me that are made during the course of this event.

Participant's Signature (If Participant is under age 18, Parent/Guardian's signature)

Date

