



**SUNDAY, NOVEMBER 14, 2004**



*To Benefit*

**SOMERSET HILLS  
ADULT DAY CENTER**



a subsidiary of the Visiting Nurse Association of Somerset Hills

New Jersey  
Grand Prix Event  
500 Points

**Variety of Tasty Refreshments • Music • Random Prize Drawings • Entertainment**

- Location:** Harry Dunham Park, Liberty Corner, NJ
- Schedule:** 8:00am Registration  
9:30am 4 Mile Road Race  
9:45am 2 Mile Fitness Walk
- Entry Fees:** \$17 Road Race fee by November 8th (\$15 for USATF members)  
\$20 Road Race fee after November 8th and on race day  
\$10 Fitness Walk Fee
- Course:** USATF certified scenic rolling course
- Awards:** 1st, 2nd, 3rd male & female overall, masters and in each age group
- Age Groups:** 14 & under to 70 & over in 5 year increments.
- Amenities:** T-shirt to all registrants, while supplies last

**DIRECTIONS to the EVENT**

**Harry Dunham Park**

Liberty Corner, NJ

**From Rt 78:**

Take exit 33 towards Bernardsville, after approximately 1.5 miles take a left at Valley Road traffic light (Rt 512). After 1/2 mile, bear left at Exxon station onto Church Street. Park is on left, 1/4 mile past firehouse.

**From Rt 287:**

Take Mt. Airy Road Exit, toward Liberty Corner. After 1 mile turn right onto Lyons Road take next right onto Church Street. Park is on left, 1/4 mile past firehouse.

**2004 RUN 4 SHADC PLEDGE FORM**

Ask friends, co-workers and relatives to support your efforts by making a pledge to benefit SHADC.

All participants who raise \$50.00 or more, will be eligible for a free race entry. Pledge money must be accompanied by registration form.

last name	first name	phone	\$ total pledge		
street	city	state	zip	email	
sponsor name	amount pledged	amount received	sponsor name	amount pledged	amount received
sponsor name	amount pledged	amount received	sponsor name	amount pledged	amount received
sponsor name	amount pledged	amount received	sponsor name	amount pledged	amount received
sponsor name	amount pledged	amount received	sponsor name	amount pledged	amount received

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**2004 RUN 4 SHADC REGISTRATION FORM**

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from CompuScore [

checks payable to Run 4 SHADC

from CompuScore [

www.compucore. [

Mail to: SHADC c/o VNA of Somerset Hills, 12 Olcott Avenue, Bernardsville, NJ 07924

www.compucore. [

com

Please check off one that applies  4 MILE ROAD RACE  FITNESS WALK

com

last name	first name	phone
street	city	state zip
date of birth	age on race day	sex 2004 USATF Number

**T-Shirt Size**  S  M  L  XL

**Guaranteed to all pre-registrants and to post registrants while supplies last.**

*Additional donations are greatly appreciated.  
All proceeds go directly to SHADC*

In consideration of this entry being accepted, I hereby for myself, heirs, executors and administrators waive and release any claims I may have against Bernards Township, SHADC, Visiting Nurse Association of Somerset Hills, all officials, sponsors and volunteers, for any and all injuries suffered by me in this event. Further, I confirm that I am physically able to compete in the Run 4 SHADC and grant the right to use my likeness in any photographs and videotapes.

signature \_\_\_\_\_ date \_\_\_\_\_ signature of parent or guardian if under 18 \_\_\_\_\_

Enclosed payment: Check \_\_\_\_\_ Charge \_\_\_\_\_ AMT. \_\_\_\_\_ V MC AMEX DISC # \_\_\_\_\_ exp. \_\_\_\_\_

Credit cards will only be accepted for pre-registration.

**RAIN OR SHINE • No baby joggers, skates, skateboards or headphones. For More Info Call 908-766-7925**