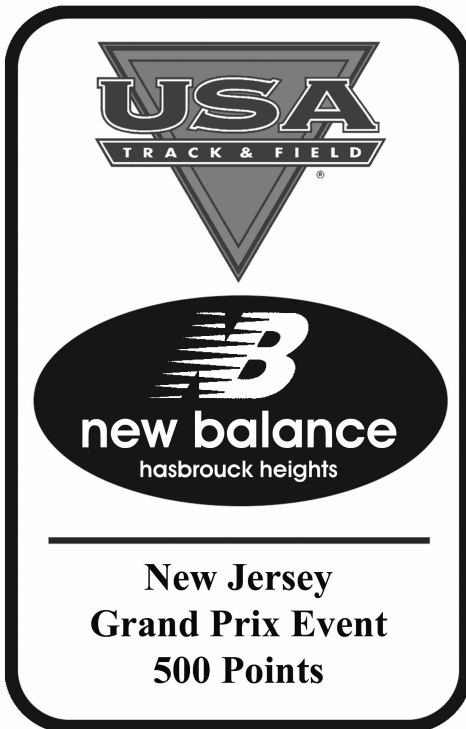


Leg Burn in Millburn

5k Running Race
In the
South Mountain Reservation
Saturday
May 22, 2004



The Sneaker Factory
308 Millburn Ave
Millburn NJ 07041



The Leg Burn in Millburn 5K Run Registration

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____

Emergency contact: _____

Emergency contact phone: _____

Age: ____ DOB: __/__/__ Category: ____

Sex: _____ USATF # _____

T-Shirt Size: S M L XL

USATF Members will receive a \$2 discount for the race Stop by the Sneaker Factory to register or for additional information. Mail entry's to the Sneaker Factory at 308 Millburn Ave. Millburn, NJ 07041



Sponsors



The Sneaker
Factory

308 Millburn Ave, Millburn, NJ 07041



The Leg Burn 5K Run

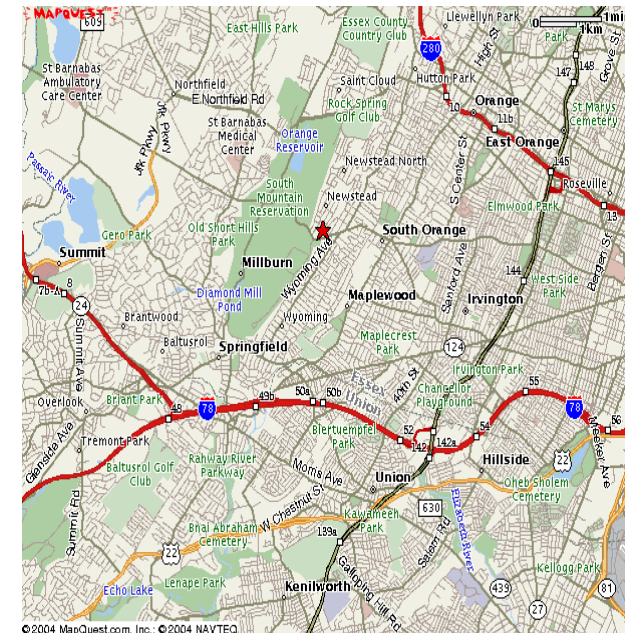
Date:	Saturday, May 22nd, 2004
Time:	8:00 AM – 5k Run 8:05 AM – 5k Walk (not a competitive racewalk)
Location:	South Mountain Reservation (Crest Drive)
Parking:	Parking will be available in the parking areas and along Crest Drive. We do ask that you please move your vehicles within one hour following the running event.
Entry Fee & Registration:	\$14 Registration will be available until May 17 via mail. \$14 Late Registration will also be available at The Sneaker Factory, 308 Millburn Ave (May 18-21) \$20 Race Day Registration is available but will not guarantee a t-shirt (if t-shirts are unavailable a reduced fee will be charged)
Packet Pick-up:	T-Shirts and race numbers may be picked up Tuesday – Friday, May 18-21, 10:00 am – 5:00 pm at The Sneaker Factory, 308 Millburn Ave. or on race day beginning at 7:00 am.
T-Shirt:	All pre-registered participants will receive a T-Shirt and the first 100 entries will receive a pair of Balaga socks. Day of Race registrants will not be guaranteed a shirt.
Awards:	Medals will be given to the top three male and female finishers in each race category.
Age Groups:	13 & under, 14–18, 19–29, 30–39, 40–44, 45–49, 50–54, 55–59, 60–69, 70+ and Open
Questions:	The Sneaker Factory 973-376-6094 or www.sneakerfactory.com

Directions:

From 280: Take the exit number 10- toward W ORANGE/S ORANGE/MONTCLAIR. Turn LEFT onto NORTHFIELD AVE Turn LEFT onto GREGORY AVE. GREGORY AVE becomes N WYOMING AVE Turn RIGHT onto South Orange Ave. Crest Drive will be .5 miles on your left

From GARDEN STATE PKWY: Take the exit- exit number 144- SOUTH ORANGE AVE. Toward South Orange. Go through the village of South Orange. CREST DRIVE will be at the top of the hill on your LEFT.

Parking: Overflow parking will be on Speir Drive across South Orange Ave.



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