



Sean's
Landscaping &
Lawn Care Service



Warren Taylor, President of Sovereign Bank
and Chairman of the event announces the

13th Annual

Sean's Landscaping & Sovereign Bank
(Formerly Aramark Servicemaster)

5K Run & 2K Health Walk

Along with the Fabulous Pizza Party

With pizzas donated by Brother's on Rt. 33

USATF-NJ 2004 Grand Prix Event

Coordinated by Baldasari-Leestma Race Management

RACE HOT LINE: 609.890.8343



Thursday, July 8, 2004 ● 7:30 p.m. - Rain or Shine

WHERE: Robert Wood Johnson University Hospital Hamilton, One Hamilton Health Place, Hamilton, NJ

For directions, visit the hospital website at www.rwjhamilton.org

REGISTRATION & FEES

Register online at www.rwjuhhfoundation.org or



5:30 to 7:00 p.m. – Day of Race Fee: \$20.00 ● Pre-Entry Fee: \$18.00

\$16.00 for 2004 valid USATF New Jersey Members (pre-entries only)

AWARDS

Prize money to top three overall men & women ● **First:** \$100.00 ● **Second:** \$75.00 ● **Third:** \$50.00

Merchandise Prizes to top three men and women in each age group

Ribbon to all Walk finishers!

AMENITIES

Specially designed T-shirts & post-race refreshments ● Computerized timing and scoring by Compuscore

Finish line and course by Baldasari & Leestma Race Management ● Discount running apparel expo

Immediate Post race results @ www.compuscore.com ● Post race pizza party by Brother's on Rt. 33

TEAM COMPETITION

Prizes to the top three male & female teams in each category:

High School ● Corporate/Open

Teams should be pre-registered. (No Extra Fee.) Limited race day entries will be accepted. Entries must be mailed together. Unlimited membership, but must have 3 finishes to score. Best 3 times of team are scored.

COURSE

USTAF certified 5K fast course on traffic-free road and through scenic Veterans Park

2K Health Walk

Pre-entry \$18 / Day of race \$20

Walk starts at 6:30 p.m.

Call the Foundation office at 609.584.6581
for sponsorship forms.

All Proceeds Benefit:

ROBERT WOOD JOHNSON
UNIVERSITY HOSPITAL
HAMILTON



RESEARCH • TREATMENT
PREVENTION • EDUCATION

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ENTRY FORM

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PLEASE PRINT LEGIBLY AND FILL IN ALL ITEMS. YOU MUST SIGN THIS RELEASE.

Send entry and fee payable to:

RWJUH Hamilton Foundation, c/o Larry Baldasari, 3448 Nottingham Way, Hamilton Square, New Jersey 08690

1. **Type:** 5K Run 2K Health Walk
2. **Age Category:** 13 and Under 14-19 20-29 30-39
 40-49 50-59 60-69 70+
3. **T-shirt Size:** S M L XL
4. **2004 USATF-NJ#:** _____ (Grand Prix Competitor)

Name: _____ **Sex:** M F **Date of Birth:** _____ **Age as of 7-8-04:** _____

Address: _____ **City:** _____ **State:** _____ **Zip Code:** _____

E-Mail: _____ **Team (if applicable):** _____ **Team Division:** H.S. Corp./Open

I hereby for myself, my heirs, executors, administrators of legal representatives and successors, release and forever discharge the race officials, Robert Wood Johnson University Hospital Hamilton, Sean's Landscaping, Sovereign Bank, Hamilton Township, volunteers and all participating sponsors from any claims, demands, suits or actions for any injuries or damages I may sustain as a result of my participation in this event. I certify that I am in good physical condition for this event.

SIGNATURE (If under 18 signature of parent or guardian): _____ **Date:** _____

In Lieu of running the race, I wish to donate \$ _____