

Entry Form

Yes, I would like to participate in the
18th Annual Lincoln Tunnel Challenge!

(Please print all information)

Last Name

First Name

Street/Apt. #

City

State

Zip

Age (day of race)

Birth Date

Sex (M/F)

Daytime Phone

e-mail address

Team Name _____

(if applicable - minimum of 3 people)

Team Captain Name _____

Team Captain Daytime Phone (_____) _____

Special Olympics Athlete (check here)

Waiver

In consideration of my entry into the 2004 Lincoln Tunnel Challenge being accepted, I, intending to be legally bound hereby for myself, my heirs, executors and administrators, waive and release Special Olympics New Jersey and the Port Authority of NY and NJ, heirs and assigns, as well as all 2004 Lincoln Tunnel Challenge/Special Olympics volunteers, participants, and sponsors from all liability claims, demands, losses or damages suffered by me in said event. I represent that I understand the nature of the event and that I am qualified, in good health and in proper physical condition to participate in such event. I hereby grant my full permission to any and all of the foregoing to use any photographs, videotapes, motion pictures, recordings, or any other record of this event for any legitimate purpose.

Signature (Parent or Guardian if under 18)

Date

THIS FORM MUST BE SIGNED AND COMPLETED FOR YOU TO BE ELIGIBLE TO PARTICIPATE

Please send check (payable to
Special Olympics New Jersey) with this form to:
Sorry, no credit card payments accepted.

Special Olympics New Jersey

3 Princess Road

Lawrenceville, NJ 08648

Downloaded from CompuScore

www.compuscore.com



Special Olympics New Jersey
3 Princess Road
Lawrenceville, NJ 08648

The 18th Annual



CHALLENGE FUN RUN

Sunday April 25, 2004

Weehawken, New Jersey

***Don't miss your chance to
run or walk under water!***

Presented by
The Port Authority of NY and NJ



Lincoln Tunnel



To Benefit
**Special Olympics
New Jersey**



***Dedicated in memory of the officers who
made the ultimate sacrifice on 9-11-01***

The Event

The 18th Annual **Lincoln Tunnel Challenge** **Fun Run/Walk**

Sunday, April 25, 2004

Run/Walk starts 9:00 AM/Check-in 7:00-8:30 AM

RAIN OR SHINE

Staging Area

Located in the NJ Transit Bus parking lot adjacent to the Lincoln Tunnel Administration Building, 500 Boulevard East, Weehawken.

Course

5K (3.1 miles) through the Lincoln Tunnel and back. (USATF Certified)

No in-line skates, bicycles, skateboards or pets allowed.

Individual Registration

\$15 pre-entry fee postmarked by April 9, 2004

\$20 if postmarked after April 9 or on-site.

Team Registration

To be eligible for Team Awards: Minimum of 3 (no maximum). No additional fee.

All Team members' registrations must be sent in one envelope and postmarked by April 9, 2004.

No on-site Team registration/Team changes.

Check-In

Arrive 7:00-8:30 AM the morning of the race for number & T-shirt pick-up at staging area.

Free Parking & Shuttle Bus

Parking on day of run at staging area in NJ. Shuttle bus from NY's 41st Street between 8th & 9th Avenues (at whale mural)

From NY: 7:00 AM, 7:30 AM, 8:00 AM

Return to NY: starting at 10:00 AM

Run/Walk Results

Posted on-site as soon as available and at www.compuscore.com
Results postcards mailed within 3 days of race.

The Awards

Post Race Activities

Awards, refreshments, entertainment & door prizes immediately following race at the staging area.

All running awards will be presented following the race.

You must be present to win awards and prizes.

Individual Awards

The Fred Muser & John Skala Memorial Awards will be presented to the overall male and overall female winners, respectively.

Awards also presented to top 3 males and top 3 females in the following age groups:

9 and under 30-39

10-14 40-49

15-19 50-59

20-29 60-69

70 & over

Team Awards

Awards to 1st, 2nd & 3rd Place Teams. Team's first 3 "finish" times combined; lowest score wins.

(Team members are also eligible for individual awards.)

Special Olympics Athlete Awards

Awards to overall 1st, 2nd & 3rd place Special Olympics Athletes.



Photocopies of this entry form will be accepted.
One entry per application.

The Facts



For over three decades, Special Olympics New Jersey has been helping children and adults with disabilities and their families connect with opportunity and achievement.

More than 13,500 athletes from over 400 communities in New Jersey participate in Special Olympics. They learn skills, experience the trials and triumphs of sport, and find talents within that others did not think possible.

Today with the new Special Olympics New Jersey Sports Complex we offer more sports participation, education and connections for athletes, their families, volunteers and the community. Today we are creating an even bigger network of opportunity.

Special Olympics New Jersey's mission is to provide year-round sports training and athletic competition in a variety of Olympic-type sports for children and adults with mental retardation or other closely-related developmental disabilities.

The Tunnel

Yes, it is healthy and safe to run/walk underwater! The South Tube (also the newest tube) of the Lincoln Tunnel is washed and the roadway is degreased the night prior to the run/walk. The air is changed every 90 seconds with air originating high above the Hudson River, which makes the air quality inside the tunnel equal to the air quality outside! The tunnel is ventilated constantly and no vehicles are allowed in the tunnel until after the run/walk is completed.

For more information and directions for the Lincoln Tunnel Challenge please contact:

Special Olympics New Jersey
609.896.8000 / 800.650.7665 [in NJ only]
www.sonj.org or bmh@sonj.org

Thank you for taking the Lincoln Tunnel Challenge!