

ANNUAL EARTH DAY 5K RUN SATURDAY, APRIL 24th, 10:00 AM START

The COURSE

Run through scenic Liberty State Park along the Hudson River waterfront. USATF-certified.

The FAIR & AMENITIES

T-shirts to all pre-registrants & post-registrants while supplies last. Post race refreshments & random prize drawing at the Earth Day Fair, featuring the **Earth Day Kid's Kingdom!** All activities including parking located in beautiful Liberty State Park.

The REGISTRATION

7:30 - 9:30 am - \$15
Pre-registration - \$12 (Postmarked by March 31, 2004)
USATF members - \$10 (must have valid USATF#)

The AWARDS

Trophies to 1st, 2nd, 3rd Overall Male & Female. Medals to 1st, 2nd, 3rd Male & Female in the following categories:
14 & younger: 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 & up.

**FOR MORE INFORMATION
CALL 1-800-540-0987
EMAIL: RECYCLE@HCIA.ORG
or VISIT WWW.HCIA.ORG**

Make checks payable to:

Hudson County Green Fund, Inc.
c/o Hudson County Improvement Authority
574 Summit Avenue, Jersey City, NJ 07306.
Proceeds to Benefit Hudson County Green Fund

DIRECTIONS: Exit 14B off NJ Turnpike. Through toll booth, Left at STOP sign, under Turnpike overpass, through traffic light; continue straight on Morris Pesin Drive at small traffic circle. Go to end. Morris Pesin Drive parking lot on Right. Shuttle Bus provided.



EARTH DAY 2004 5k Run/Walk Form

Last Name _____ First Name _____

Address/P.O. Box _____ City _____

State _____ Zip _____ E-Mail _____ Home Phone _____

Age on Race Day _____ Sex _____ D.O.B. _____ 2004 USATF# _____

Signature _____ Date _____

Signature of Parent or Guardian if under 18 _____

In consideration of my entry being accepted, I, intending to be legally bound, do hereby, for myself and anyone who succeeds my rights and responsibilities, such as my heirs or the executor of my estate, release and forever discharge any and all claims and rights which I may have or hereafter may accrue against The Hudson County Improvement Authority, The County of Hudson, The Hudson County Department of Parks and Recreation, or any of their Officers, Employees and/or Agents.



Thomas A. DeGise
County Executive

Norman M. Guerra
Executive Director

John L. Shinnick
Chairman



Sponsored by the Hudson County Improvement Authority in cooperation with the County of Hudson