

7th Annual
**NICK ADAMO
MEMORIAL
RUN**

5 Kilometer/3.1 Mile
Road Race

Sunday
September 21, 2003
Cliffside Park High School
Cliffside Park, NJ
9:30 AM



online registration powered by
active.com

**Nick Adamo Memorial Run
Cliffside Park High School
Cliffside Park, New Jersey 07010**

Make checks payable to NICK ADAMO
MEMORIAL RUN and mail with registration
to: Nick Adamo Memorial Run, Cliffside
Park High School, Cliffside Park, NJ 07010.
\$15 before September 19.

\$18 after September 19 and on race day.

Downloaded from CompuScore

Please print neatly.

Name _____

Address _____

City _____

State _____ **Zip** _____

Race Day Age _____ **Sex** _____

Birth Date _____

Phone#(____)-____-_____

Shirt Size **M** **L** **XL**

I know that participating in this event is a potentially hazardous activity. I should not enter and participate unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to complete the event. I assume all risks associated with participating in this event including, but not limited to falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my application, I for myself and anyone else entitled to act on my behalf, waive and release the Cliffside Park Student Council, the Cliffside Park Board of Education, the borough of Cliffside Park, USATF, all sponsors, their representatives, volunteers, and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise from negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose.

Sign Here **X** _____

(or Parent or Guardian signature if under 18)

Date _____

Non Profit Org.
Bulk Rate
U.S. Postage
PAID
Permit No. 132
Cliffside Park
NJ 07010

Who was Nick Adamo?

Nick Adamo was a 1992 Cliffside Park High School graduate died tragically in a plane crash in the fall of 1996. Nick was outstanding scholar, athlete, and person. After graduating from high school, Nick attended Yale where he played two years of varsity football. He donated his time at the Police Athletic League as a volunteer football coach for the high school team following his graduation from Yale. The proceeds from this run will be used to fund scholarships in Nick's memory.

Continuing a strong tradition

In its six year history, the Nick Adamo Memorial Run has been a tremendous success with enormous support from participants, sponsors, and volunteers have raised over \$26,000 for scholarships given in Nick Adamo's memory.

Registration

Entry fee of \$15 until September 19; \$18 after September 19 and on race day. **Walkers are encouraged to participate.** Complete entry form neatly, make check payable to NICK ADAMO MEMORIAL RUN, and mail to:

**Nick Adamo Memorial Run
Cliffside Park High School
Cliffside Park, New Jersey 07010**

**You can also register online at:
Active.com**

**Check out our web site:
<http://members.tripod.com/~bioteach/nar.html>**

Fun, food, & prizes

- High quality T-shirts guaranteed to all preregistered participants.
- Spectacular post race celebration - bagels, muffins, fruit, beverages, and more!
- Enthusiastic volunteers from the Cliffside Park High School Student Council.
- Split times at miles 1, 2, and 3.
- 2 water stations.
- Computerized race scoring.
- Results postcard mailed to finishers.

Schedule

7:45-9:10 AM	Packet pickup and late registration.
9:30 AM	Race starts.
9:45-11:30 AM	Post race celebration.
10:30 AM	Awards ceremony.

Race Categories

Male and Female

Overall

13 and under

14-18

19-29

30-39

40-49

50 and over

3 deep trophies in each division. No repetition of awards. Also trophies awarded to the first male and female Cliffside Park and Fairview residents.

Directions

Cliffside Park High School is located at the intersection of Palisade and Riverview Avenues in Cliffside Park, New Jersey in southeastern Bergen county.

From southern and western NJ- take the NJ turnpike north or I-80 east to route 46 east or take route 4 east to the last exit before the GW bridge (Palisades Pkwy., Rts. 1 + 9). Go straight at the end of the ramp and continue to Lemoine Ave. (4th light). Right onto Lemoine Ave. and continue south for 2.5 miles. Cliffside Park High School is on the left.

Palisades Parkway. South- to Hudson Terrace exit. Make a left onto Hudson Terrace and continue south for 2 lights. Make a right onto Bridge Plaza and continue for 2 lights. Make a left onto Lemoine Ave. and continue south for 2.5 miles. Cliffside Park High School is on the left. From Hudson county- Take Bergenline Ave. north into Bergen county. Bergenline Ave. will become Anderson Ave. Continue on Anderson Ave. for 1 mile to Edgewater Rd. (Just after A+P). Make a right onto Edgewater Rd. and go one light. Make a left onto Palisade Ave. The high school is on the right.

Call (973)-641-5704 if you have any questions or need further directions.

Cliffside Park Mayor and Council

Kreindler & Kriendler

Bello Agency

Rivardo, Schnitzer, & Capazzi

Lerch, Vinci, & Higgins

A.K. Macagna Funeral Home

C & C Ford

Dzwilewski & Green, Esq.

Diktas & Gillen

Diamond Rock Spring Water Co.

Dr. Eddie Meier

HUDSON UNITED BANK® HUI