

Run For Kids' Sake!

5K Race
& 2-Mile Walk

To
Benefit...



Big Brothers Big Sisters
of Warren County

Saturday, September 6, 2003

10 a.m. 5K Begins • 10:15 a.m. Walk Begins

Spruce Run Recreation Area, Van Syckle's Road, Clinton, NJ

REGISTRATION

By mail until August 29, 2003
Race Day: 8:30 a.m. to 9:45 a.m.

ENTRY FEES

5K Race

\$20 Individual
\$18 USATF-NJ Members
\$25 After August 29 and on Race Day

2-Mile Walk

\$10 Individual
\$15 After August 29 and on Race Day
Pledges optional (see reverse)

COURSE

USATF-NJ certified. Mostly flat course with gentle hills along scenic park roads and reservoir.

SCORING

Provided by CompuScore, including finish line operations and post-run postcards. Finish line monitor for unofficial finish times. Official race results can be viewed online at www.compuscore.com on evening of run.

AWARDS

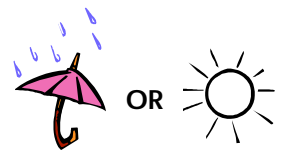
Top three overall male & female; Top three male and female in each age group.

AGE GROUPS

14 & under to 70 & over in 5-year increments

AMENITIES

Free t-shirt to all 5K pre-registrants and post-registrants while supplies last. Bagels, juice, fruit and water. Pre-race warm-up. Pre- and post-race massages.



For More Information: Call 908.689.0436 or e-mail bbbswc@aol.com

FIRST NAME: _____ LAST NAME: _____ SEX: ___ M ___ F
ADDRESS: _____ CITY: _____
STATE: _____ ZIP: _____ AGE ON RACE DAY: _____ BIRTHDATE: ___ / ___ / _____
T-SHIRT SIZE: _____ PHONE NUMBER: _____-_____-_____ 2003 USATF NUMBER: _____

The event I am registering for is:

5K RACE: ___ \$20 Individual ___ \$18 USATF-NJ Member ___ \$25 After August 29

2-MILE WALK: ___ \$10 Individual ___ \$10 Individual with pledges

Total Amount Paid: \$ _____

How did you learn about Run For Kids' Sake? _____

I hereby acknowledge and understand that participation in the 5K Race For Kids' Sake is a potentially dangerous activity. I recognize that I should not enter and participate unless I am medically able and properly trained. I agree to abide by the decision of any event official relative to my ability to safely complete the course. I assume all risks associated with my participation in the event for which I am entering, including but not limited to: falls; contact with other participants; effects of any adverse weather conditions, including but not limited to heat, cold, ice and humidity; traffic; and road conditions; all such risks being known and appreciated by me. Having read and fully understood this waiver, knowing these facts and in consideration of acceptance of this application, I, for myself and anyone entitled to act on my behalf, waive and release Big Brothers Big Sisters of Warren County, Spruce Run Recreation Area, USA Track & Field, all sponsors, their representatives, agents, successors, and volunteers from all claims or liabilities of any kind arising from my participation in this event even though that liability might arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event or my likeness for any legitimate purpose.

(Participant Signature or Parent/Guardian Signature if entrant is under 18 years of age)

(Date)

Please send with payment to: Big Brothers Big Sisters of Warren County, PO Box 123, Washington, NJ 07882