



Presented by:  
Hightstown-East Windsor YMCA

# 28th Annual Cranbury Day 5K

and 1 Mile Fun Run

Saturday, September 6, 2003

*Historic Downtown Cranbury*

**Schedule:**

7:30am Registration  
8:30am 1 Mile Fun Run  
9:00am Cranbury Day 5K

**Location:**

Historic Downtown Cranbury

**Registration:**

by mail or online at [www.ACTIVE.com](http://www.ACTIVE.com)

**Entry Fees:**

5k \$15. by 9/1 (\$13. USATF)  
\$18. after 9/1 and on race day  
1 Mile \$10.

**5K Course:**

USATF Certified • Mile Splits • Water Stops.  
Flat, fast, through residential streets.

**Scoring:**

Results: [www.CompuScore.com](http://www.CompuScore.com)

**5k Awards:**

1,2,3 Male & Female, overall, masters & age groups

**Age Groups:**

14 & under, 15-19, then 10 year increments to 70 & over.

**Amenities:**

Custom T-Shirts to all pre-registrants and post-registrants while supplies last. Post event refreshments and random prizes,



500 points

**Directions and Race Information:**  
609-448-1357  
[www.OYMP.net](http://www.OYMP.net)  
[tcarrollhewy@aol.com](mailto:tcarrollhewy@aol.com)

last name		first name
street		city
state	zip	phone
date of birth	age on race day	2003 USATF#
email		sex

mail to: Hightstown-East Windsor YMCA  
230 Mercer St, Hightstown, NJ 08520  
checks payable to: Hightstown-East Windsor YMCA

**Event**  
 5K Road Race  
 1 Mile Fun Run

**T-Shirt Size (please check)**  
 S  M  L  XL

**For Official Use**

Waiver/ Release: In consideration of this entry being accepted, I hereby for myself, my heirs, executors and administrators waive and release any claims I may have against the Hightstown-East Windsor YMCA, Town of Cranbury, On Your Mark Productions, sponsors, their staff, officers volunteers, and any representatives, for any and all injuries suffered by me in the Cranbury Day 5K.

signature \_\_\_\_\_ date \_\_\_\_\_ signature of parent if under 18 \_\_\_\_\_