



The Organization of Physical Therapy Students (OPTS) at Seton Hall University's Doctor of Physical Therapy Program is sponsoring this *5K Walk, Run, Roll* to benefit the Children's Neuromuscular Center in Summit, New Jersey.

The Children's Neuromuscular Center provides a comprehensive team approach to the treatment of children with disabilities. It provides service to children who have no medical insurance or who are on Charity Care, Medicaid and New Jersey Kid Care (working families who cannot afford health insurance).

The proceeds from this event will be used to fund pro bono recreational activities for children with disabilities. Current activities include karate, dance, swimming, art, cooking, horseback riding and the hope is to add sled hockey.

Your reward for participating in this race is knowing that children with disabilities will be able to continue to participate in recreational activities at no cost to the family.

Entry Fee:

- ✓ Send in your \$20 Pre-registration fee
Postmarked by September 30, 2003
 - ✓ Or bring your \$25 Late-registration fee on race day
- * Participants who are not pre-registered are not guaranteed to receive a t-shirt on race day.

Make Checks Payable to:

Children's Neuromuscular Center

Send Entry Fee & Donations To:

Pediatric Orthopedics, PC
Children's Neuromuscular Center
99 Beauvoir Avenue
Suite 750
Summit, New Jersey 07901
Att: Maria Patch

Race Location & Packet Pick-up:

Crest Drive at South Mountain
Reservation, South Orange NJ

For additional information about the 5K call Mary Alexander 973 275-2915 or send email to alexanpm@shu.edu

Name _____

Address _____ City _____ State _____ Zip _____

Phone _____ Email _____

Entering as a (circle one): Runner Walker Wheelchair Racer

Birth Date: (Month/Day/Year) ____/____/____

Tee Shirt Size (circle one): Sm Md Lg XL

Your Signature _____ (Parent/Guardian if under 18) _____

In consideration of your accepting this entry, I the undersigned, intending to be legally bound, hereby, for myself, my heirs, executors and administrators waive and release any and all rights and claims for damages I may have against the race organizers, Seton Hall University, South Mountain Reservation, the Town of South Orange, NJ, and any other supporters for any and all injuries suffered by me in this event. I attest and verify that I am physically fit to participate in this event.

Please mail this entry form and fee to Children's Neuromuscular Center, 99 Beauvoir Ave Suite 750, Summit, New Jersey 07901

Pediatric Othopedics, PC
Children's Neuromuscular Center
99 Beauvoir Avenue
Suite 750
Summit, New Jersey 07901



Race Day: October 4, 2003

Place: Crest Drive, South Mountain Reservation

Pre-Registration: 8:30am

Runners Start: 9:00am
Walkers/Rollers Start: 9:30am

Directions:

From Garden State Parkway South, take exit 145 to 280 West, Pleasant Valley Way. Make a left onto Pleasant Valley Way. Continue straight onto Cherry Lane. Make a left onto South Orange Ave. Park entrance (Crest Drive) is on the right at the top of the hill.



Children's Neuromuscular Center
5K Walk, Run, Roll
Saturday October 4, 2003



5 Kilometers (*just over 3 miles*)

South Mountain Reservation, South Orange, NJ

Runners Start 9:00am
Walkers/Rollers Start 9:30am

T-Shirt for all race applicants!

USATF Sanctioned

Presented by Seton Hall University
Department of Physical Therapy