



# 1st ANNUAL FRIEND2FRIEND "HOT CHILI CHALLENGE"



*Proceeds will support the SUSSEX COUNTY WOMEN'S FORUM free baseline Mammogram Program AND THE EXPANSION OF OUR MISSION. Free Baseline Mammogram and Ultrasound program provided for the women of Sussex, Morris and all surrounding counties.*

## 8 MILE TRAIL RUN

Join us on October 19, 2003 for Sussex County's most scenic trail run. The 8 mile trail run is held at Kittatinny Valley State Park in Andover, New Jersey. The race is on park roads, through fields, and single trail paths through the woods of this picturesque state park. This is a challenging course with rolling hills that will be enjoyed by all.

**DATE: SUNDAY OCTOBER 19, 2003**  
**CHECK IN: 7:30 AM RACE BEGINS: 9:30 AM**  
**FEES: Before 10/10/03 After 10/10/03**  
**\$15.00 \$20.00**

**Live DJ, Post Race Refreshments: CHILI/SOUP/BAGELS/CIDER/BOTTLED WATER**  
**\*\* LONG SLEEVE T-SHIRTS TO PARTICIPANTS \*\***

**AWARDS: Top 3 Men & Women Overall, Top 3 in each Age Group (Age Groups: 15-24/25-34/45-54/55-64/ 65+)**

**FOR MORE RACE INFORMATION, CONTACT: MARE GALEOS @ (973)300-0142 or**  
**ON-LINE : FRIEND2FRIEND@EXCITE.COM**

Please make check payable to and mail entry from to: **Sussex County Women's Forum P.O. Box 918 Lafayette, NJ 07848**

ENTERING AS: INDIVIDUAL RELAY TEAM LIST TEAM MATES

**Please Print Clearly**

Name: \_\_\_\_\_ Age on Race Day \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Sex: M F

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: (MADATORY) \_\_\_\_\_ Work: \_\_\_\_\_ email: \_\_\_\_\_

In consideration of this entry, I hereby for myself, my heirs, executors, and administrators, waive any and all claims for damages I may have against the Sussex County Women's Forum, the representatives, successors of assigns of these organizations, race volunteers and all sponsors for any injuries that may be suffered by me in this event. I further attest and verify that I am physically able to participate in this event.

\_\_\_\_\_  
**SIGNATURE** **DATE** **OFFICE USE ONLY**  
 \_\_\_\_\_  
**SIGNATURE (OF PARENT IF UNDER 18)** **DATE** **BIB#** \_\_\_\_\_