

the 26th Annual

East Brunswick Road Races



To benefit the Daisy Recreation Program

Sunday October 5, 2003

Registration opens at 11:00 AM at East Brunswick Crystal Springs Aquatic Center, Dunhams Corner Road. Quality long-sleeve T-shirt guaranteed to pre-registered 5K and 10K runners, others while supply lasts.

Kids Pumpkin Dashes: 12 Noon

All children receive a ribbon and farm fresh pumpkin from Giamerese Farms. \$2 per child Race Day only.

John Ragone 5K Race: 1:00 PM

Awards to top M/F overall and to top 3 M/F in the following age groups: 10-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+. Runners under 10 not eligible.

Entry fee \$15 by 9/30/03; \$20 POST/Race Day

East Brunswick 10K Race: 1:05 PM

Awards to top 3 overall M/F, top M/F EB resident, top 3 M/F in the following age groups: 13-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+. Runners under 13 not eligible for awards.

Awards to top 3 teams in the following divisions: Parent/Child, M/F couples, 3 person Family, Male, Female. Register for teams on race day only.

Entry fee \$15 by 9/30/03, \$20 POST/Race Day

NOTE: \$2 discount for 5K or 10K to USATF-NJ members or East Brunswick residents who PRE-REGISTER only.

Register On Line at www.Active.com

Join Us at the Mall! Early Registration and *Packet Pick-Up* will be held on Saturday, **October 4, 1- 4 PM** at Brunswick Square Mall in the JC Penny Court.
Call (732) 388-8884 until 10 PM, or visit www.rvrr.org for more information!

Registration Form

Please make check payable and mail to:
East Brunswick Road Races,
2274 Ludlow Street, Rahway NJ 07065



10K: 500 Points
5K: 500 Points

LAST NAME _____ FIRST NAME _____

5K 10K
CIRCLE ONE

STREET ADDRESS _____ AGE _____ SEX M F

M L XL
LONG-SLEEVE T-SHIRT SIZE

TOWN _____ STATE _____ ZIP _____

(_____) _____ - _____
AREA CODE PHONE NUMBER USATF-NJ 2002 MEMBERSHIP NUMBER

\$ _____
AMOUNT ENC.

I, the undersigned, know that running is a potentially hazardous activity. I should not enter unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the race. I assume all risks associated with running in this event, including but not limited to falls, contact with other runners, the effects of the weather, including high heat and humidity, traffic and the conditions of the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of my entry, I for myself and anyone entitled to act on my behalf, waive and release the Raritan Valley Road Runners, The East Brunswick Road Races, all organizing committees, the Township of East Brunswick, USATF-NJ, the Road Runners Club of America and all their sponsors, representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signature: _____
(Self or Parent if runner is under age 18)

Date: _____