

# 20th Annual WESTFIELD 5 Mile TURKEY TROT



& Westfield **MIDAS** PracticeHard Mile

November 29, 2003  
Tamaques Park, Westfield, NJ



Presented by the Friends of Westfield Track & Field

## FEES

### 5 Mile Run Pre-Entry (11-27-03)

\$17 With SWEAT SHIRT - 1st 500 ENTRIES  
(\$2. Discount to USATF-NJ Members)

EXTRA SWEAT SHIRTS \$10 Each



SWEAT SHIRTS

### 5 Mile Run Post-Entry

\$20 With SWEAT SHIRT  
While Supplies Last



### PracticeHard Mile / Fun Run

PRE-ENTRY \$10 With T-SHIRT

POST-ENTRY \$13 With T-SHIRT (While Supplies Last)

WESTFIELD YOUTH (14 & Under) \$8

## START TIMES

10:30am 1 Mile Run  
11:00am 5 Mile Road Race

## AGE GROUPS

14 & Under, 15-18, 19-29, 30-34, 35-39,  
40-44, 45-49, 50-54, 55-59, 60-69, 70+

## AWARDS

1 MILE RUN - TOP 3 OVERALL (MALE & FEMALE)  
5 MILE RUN - TOP 3 OVERALL (MALE & FEMALE)  
TOP MASTER 40+ (MALE & FEMALE)  
TOP 3 IN EACH AGE GROUP (MALE & FEMALE)

## CONTACT

Make Check Payable & Mail To:

Sports A/R Westfield - 253 W. Westfield Ave.

Roselle Park, NJ 07204

Or Register On-Line at [www.active.com](http://www.active.com)

RAY or TEARS 908-245-9422 OFFICE 908-245-3000



Series



New Jersey  
Grand Prix Event

500 points

## Directions From Parkway

Get Off At Exit 135 Follow Signs To Westfield  
At 2nd Light Make Left On To Terminal Ave  
At first Light Make Right On To Rahway Ave  
Make First Left On to Lamberts Mill Rd.  
Follow Road For Approx 1 Mile Park Is On Your Right

## Westfield Turkey Trot 2003 Race

LAST NAME			
FIRST NAME			
BIRTH DATE	AGE	SEX	
EVENT	5 Mile	1 Mile	

STREET			
CITY			
STATE	ZIP		
PHONE			
USATF#			
E-MAIL			
Shirt Size			
M L XL			

In consideration of this entry being accepted I hereby for myself, heirs, executors and administrators waive and release any claims I may have against any and all Parties, Groups, Organizations, Volunteers, Sponsors, and (or) any Representatives involved in The Westfield Turkey Trot for any and all injuries suffered by me in this event. I certify that I am in physically able to compete in this event.

SIGNATURE

DATE

SIGNATURE OF PARENT IF UNDER 18