



500 points

LORD STIRLING SCHOOL GREAT SWAMP DEVIL RUN 15K & 5K RACES

SUNDAY, NOVEMBER 16, 2003

Lord Stirling School
Located on Lord Stirling Road, Basking Ridge, New Jersey



500 PTS (15K ONLY)

COURSE: 1:00 pm 15 K through GREAT SWAMP on Bernards & Long Hill Townships roads - **USATF CERTIFIED**
1:15 pm 5 K through GREAT SWAMP on Lord Stirling & White Bridge roads.

Split times & water stops. Computerized scoring by COMPUSCORE.

AWARDS:

Championship awards to overall female & male 15K & 5K winners. Awards in the following age groups: (Female and Male) 14 & under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80 and over.

Wheelchair Division in both races

5K RACE ONLY: Awards to top two Corporate teams, and the top running club.

Participants **MUST BE PRESENT** for Post Race ceremonies to be eligible for awards.

**** EXCEPT FOR TEAM AWARDS, participants eligible for ONLY one award per event.**

REGISTRATION:

Pre-registration entries must be **RECEIVED** by November 12, 2003 and **MUST INCLUDE A SELF-ADDRESSED STAMPED BUSINESS SIZE ENVELOPE** to receive RACE NUMBER & INSTRUCTION
5K ONLY: Corporate Teams and Running Clubs **MUST BE MAILED TOGETHER, MUST BE PRE-REGISTERED, and MUST INCLUDE AN ENTRY FEE FOR EACH RUNNER.**

ENTRY FEE BENEFITS The Lord Stirling School. Member, Assoc. of Schools & Agencies for Handicapped
Race day registration from 11:00 to 12:00 noon.

Pre-race - \$16.00 (Long Sleeve Shirts to all pre-registrants)

Race day entry - \$22.00 while shirts available, \$16.00 thereafter

\$2.00 discount for USATF-NJ members for pre-race registration

PLEASE MAKE CHECKS PAYABLE TO: **"The Lord Stirling School"**

Packet Pick-Up at
Sneaker Factory
308 Millburn Avenue
Millburn, NJ
11/13-15, 2003
Thurs. 10-7 Fri. 10-5
Sat. 10-4:30

DIRECTIONS TO RACE

FROM NORTH OR SOUTH JERSEY

Take Route 287 to North Maple Avenue, Basking Ridge exit (30A). Stay on North Maple Ave. until you come to a fork, bear left at the fork onto South Maple Ave. You will pass Horse Stable and a white farm stand. Turn left onto Lord Stirling Road about 600 ft. after the farm stand. Follow signs.

FROM EAST OR WEST JERSEY

Take Route 78 (exit 142 on Garden State Parkway from the East). Go to exit 36 on Route 78. Follow the sign to Basking Ridge. This is King George Rd. At the 2nd light continue straight onto Valley Rd., go a short distance and bear right onto Stonehouse Rd. Go to fork at end, bear right at fork, go under the overpass and make first right onto Cross Road. Go to the end of Cross Rd. and make a left onto South Maple Ave., then make 2nd right onto Lord Stirling Rd. Follow signs.

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shirts
back by
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NO REFUNDS, EXCHANGES OR TRANSFERS

ENTRY & RELEASE FORM

Downloaded from CompuScore www.compuscore.com

Check one race only:

15K race

5K Race

Please check one: Male Female

Last Name

First Name

Mailing Address

Street

Apartment or Unit #

City

State (or County if not USA)

Zip Code

Age needed for both races

Area Code

Daytime Phone

Age on race day _____

Date of Birth ____/____/____

2003 USATF-NJ#

← (15K ONLY)

Circle T-Shirt size:

M

L

XL

For 5K race ONLY

CORPORATE RUNNING TEAM _____

(identify)

RUNNING CLUB _____

name & address

PLEASE READ, SIGN & MAIL

In consideration of your accepting this entry, I, the undersigned, intending to be legally bound for myself, executors and administrators, waive any and all rights and claims for damages and injury I may have against the Lord Stirling Schools Inc., Bernards Township, Long Hill Township, USATF-NJ and any and all sponsors and their agents, representatives, servants, successors, and assigns and all other persons or entities involved in the promotion and staging of this Nov. 16, 2003 15K and 5K, for any and all injuries suffered by me in said event. I attest and verify that I will participate in this event as a footrace or walker entrant, that I am physically fit and have trained sufficiently for the competition of this event and my physical condition has been verified by a licensed Medical Doctor. Further, I hereby grant full permission to any and all the foregoing to use any photographs, video-tapes, motion pictures, recordings, or any other record of this event for any legitimate purpose.

Signature _____

Date _____

Parental or guardian consent required if under 18 _____

Mail entry form & fee, with STAMPED, SELF ADDRESSED ENVELOPE, to:

Lord^oStirling School Run, c/o Dean Shonts, Race Director
P.O. Box 150, Millburn, NJ 07041 973-376-0231

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