

4th Annual  
ROCKLAND COUNTY POLICE  
EMERALD SOCIETY

♣ 5K RUN/WALK

**Sunday May 4, 2003 - 11A.M. Start**



PROCEEDS TO BENEFIT  
*Rockland County P.B.A*  
*Widows and Orphan's Fund*  
*New York State Police Trooper*  
*Robert W. Ambrose*

**FEATURES:**

- ♣ SCENIC COURSE THROUGH VILLAGE OF PIERMONT
- ♣ BEGINNING AND ENDING AT FLYWHEEL PARK, PIERMONT
- ♣ FAST FLAT 5K COURSE
- ♣ SPLIT TIMES EACH MILE: DIGITAL CLOCK AT THE FINISH
- ♣ WATER STATION AT END OF PIER, AND FINISH
- ♣ COMPUTERIZED RACE RESULTS
- ♣ T-SHIRT TO ALL PRE-REGISTRANTS
- ♣ ROCKLAND COUNTY POLICE EMERALD SOCIETY PIPERS ON COURSE
- ♣ RACE RESULTS WILL BE MAILED

**AWARDS:**

- ♣ TOP 3 LAW ENFORCEMENT MEMBERS (MALE AND FEMALE) MOS
- ♣ TOP 3 FINISHERS (MALE & FEMALE) IN EACH AGE GROUP
- ♣ AGE GROUP AWARDS ( 9 and under, 10-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60+)

**PRE-REGISTRATION:**

- ♣ PLEASE PRE-REGISTER PRIOR TO APRIL 25, 2003
- ♣ FEE \$15.00 FOR 5K RUN/ WALK MAKE CHECK PAYABLE AND MAIL TO:

ROCKLAND COUNTY POLICE EMERALD SOCIETY  
PO BOX 371  
PIERMONT, NY 10968

**RACE DAY SCHEDULE / REGISTRATION:**

- ♣ 9am-10:30am CHECK IN FOR 5K RUN/WALK AT FLY WHEEL PARK.
- ♣ FEE \$20.00 ON RACE DAY AT FLY WHEEL PARK.
- ♣ AWARD CEREMONY AT CONCLUSION OF RACE.

**FOR ADDITIONAL INFORMATION PLEASE CONTACT**

- ♣ PO JOHN MOLLAHAN CLARKSTOWN PD 639-5800
- ♣ DET. CHRIS GOLDRICK OR DET. THOMAS CROWE ROCKLAND CO. DRUG TASK FORCE (845) 638-5030

**NO BIKING, ROLLERBLADES, OR PETS ALLOWED ON THE COURSE**

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LAST NAME	PLEASE PRINT	FIRST NAME
_____	_____	_____
Address		
_____		
Town City State Zip		
_____		
Phone	Age on day of race	DOB
_____	_____	_____
Phone	Age on day of race	DOB
_____	_____	_____
Please Circle:    5K RUN    5K WALK    MOS    Donation		

**WAIVER:** Please read the following and sign. In consideration of your accepting this entry, I the undersigned intending to be legally bound, hear-by, for myself my heirs and executors and administrators waive and release, the Rockland County Emerald Society Inc. road race committee, the Incorporated Village of Piermont, Piermont Common Realty LLC, the Rockland County Police Emerald Society Inc. and any and all donors or charitable recipients and/or their representatives, successors and assigns for any and all injuries suffered by me in said event, any and all rights and claims for damages I may acquire as a result of my participation in this event, I attest and verify that I am physically fit and have sufficiently trained for the completion of this event and my physical condition has been verified by a licensed medical doctor.