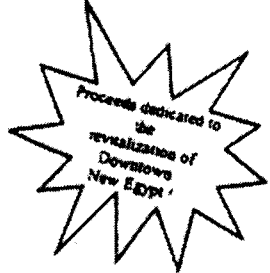
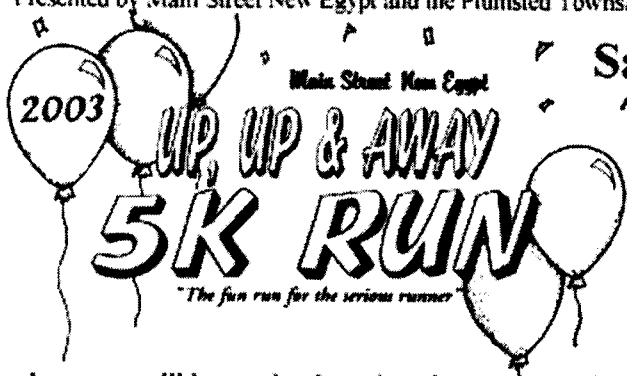


Saturday, May 17, 2003



500 points

All pre-registered runners will be randomly assigned to teams, each team receiving a different colored t-shirt. Runners from the team with the lowest cumulative race time will be eligible for a special random giveaway!

Race Time: Race begins at 9:00 am sharp

Early Packet: Early packet pick up (pre-registered only) is available on Friday, May 16 6-8 pm at Gale Realty, 40 Main St. New Egypt (Pre registered must be postmarked by May 5th)

Registration: Check in and Race Day Registration: 7:00 am—8:45 am. Oakford Lake Park Registration closing 15 minutes before scheduled event

Entry Fee: \$18.00 received on or before May 5th—\$20.00 up to Race Day (includes t-shirt)

Awards: Top three male and female overall; Top three male and female 14 & under, 15-19, ten year age groups Special Award—first male and female New Egypt Resident

Course: Beginning and ending on Main Street, through the quiet streets of New Egypt—USATF certified 3.1 course. Roads closed to traffic. 2 water stops and clocks at miles 1 and 2. No skates, blades, bikes, or pets. Timing and results by Compuscore.

Amenities: Race t-shirts guaranteed to all pre-registered runners, and while they last Random Giveaways, Free Post Race Pancake Breakfast at the New Egypt Fire House to registered runners (\$5.00 tickets at the door also available)

Directions: Exit 16 off Rt 195, to Rt 537 West toward Great Adventure. Pass Great Adventure on your right, continue through light (intersection @ Rt. 539). At next light (blinking light) make left onto Evergreen Rd. Continue to end, right onto Main Street.

Parking: Free parking at the recreation fields and behind the municipal building.

Questions? For more information call (609) 758-5156



Main Street New Egypt Up, Up & Away 5K Run Application

Name _____ Age _____ M/F _____

Address _____ City/ State _____ Zip _____

Phone _____ Email _____ @ _____

USATF # _____ Date of Birth _____ Shirt Size (circle one) S M L XL XXL



Do not write in this box

ENTRY FEE \$ 18.00 Pre—Registration Please make check payable to: Plumsted Township EDA \$ 20.00 Race Day registration Mail to: 40 Main Street New Egypt, NJ 08533

I know that running a road race is a potentially hazardous activity and that I should not enter and run unless I am medically able and properly trained. I agree to abide by any race official relative to my ability to safely complete the run. I assume all risks associated with running this event including but not limited to falls, contact with other partici...

X signature _____ Date _____ Parents Signature (if under 18) _____

FEEL FREE TO COPY THIS FORM FOR OTHER RUNNERS