

ANNUAL EARTH DAY 5K RUN

SATURDAY, 10:00 AM START MAY 3, 2003

Sponsored by the
Hudson County
Improvement Authority
in cooperation with the
County of Hudson



The COURSE

Run through scenic Liberty State Park along the Hudson River waterfront.

The AMENITIES

T-shirts to all pre-registrants & post-registrants while supplies last. Post race refreshments & random prize drawing. All activities including parking located in beautiful Liberty State Park.

The REGISTRATION

7:30 - 9:30 am - \$15
Pre-registration - \$12 (Postmarked by 4/19/03)
USATF members - \$10 (must have valid USATF#)

The AWARDS

Trophies to 1st, 2nd, 3rd Overall Male & Female. Medals to 1st, 2nd, 3rd Male & Female in the following categories:
14 & younger: 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 & up.

FOR MORE INFORMATION CALL 201-795-4555 or visit WWW.HCIA.ORG

Make checks payable to: Hudson County Green Fund, Inc. c/o Hudson County Improvement Authority 574 Summit Avenue, Jersey City, NJ 07306. Proceeds to Benefit Hudson County Green Fund

DIRECTIONS:

Exit 14B off NJ Turnpike. Through toll booth, Left at STOP sign, under Turnpike overpass, through traffic light; continue straight on Morris Pesin Drive at small traffic circle. Go to end. Parking lot on Right. Race staging area is U.S. Flag Plaza at Morris Pesin Drive & Liberty Walk.



EARTH DAY 2003 5k Run/Walk Form

Last Name _____ First Name _____

Team Name _____

Address/P.O. Box _____ City _____

State _____ Zip _____ E-Mail _____ Home Phone _____

Age on Race Day _____ Sex _____ D.O.B. _____ 2003 USATF# _____

Signature _____ Date _____

In consideration of my entry being accepted, I, intending to be legally bound, do hereby, for myself and anyone who succeeds my rights and responsibilities, such as my heirs or the executor of my estate, release and forever discharge any and all claims and rights which I may have or hereafter may accrue against The Hudson County Improvement Authority, The County of Hudson, The Hudson County Department of Parks and Recreation, or any of their Officers, Employees and/or Agents.

Signature of Parent or Guardian if under 18 _____