

2003 GOYA Medal Count

<u>Church</u>	<u>Gold</u>	<u>Silver</u>	<u>Bronze</u>	<u>Total</u>
Ocean	12	8	3	23
Morris	4	5	10	19
Holmdel	5	6	4	15
Westfield	7	2	5	14
Union	4	4	2	10
Piscataway	4	3	3	10
Asbury	1	2	6	9
Tenafly	2	5	1	8
Wyckoff	2	2	3	7
Fairview	2	3	1	6
Perth Amboy	2	3	1	6
Paramus	2	3	1	6
Cherry Hill	0	0	3	3
Jersey City	0	0	3	3
Clifton	0	0	1	1
Trenton	1	0	0	1
Orange	0	1	0	1

2003 FINAL RESULTS FOR Sr. Boys 100 Meter Dash - EV#5INDIVCS 1

PLACE	RUNNER	CHURCH	CLASS	NUMBER	
1	THEODORE	GEORGIOU	Union, St.Demetrios	SB 1707	0:11.97
2	NICK	GKIONIS	Ocean County	SB 1331	0:12.36
3	GEORGE	DIMITRAKIS	Union, St.Demetrios	SB 1719	0:12.61
4	JEREMY	EVANS	Morris County	SB 111	0:12.83
5	VICTOR	SOHM	Tenafly	SB 1121	0:13.28
6	STEVE	KAPSASKIS	Asbury Park	SB 8	0:13.28

2003 FINAL RESULTS FOR Sr. Girls 100 Meter Dash - EV#6INDIVCS 2

PLACE	RUNNER	CHURCH	CLASS	NUMBER	
1	GLORIA	PANTERMARAKIS	Ocean County	SG 1332	0:13.83
2	SOPHIA	ILIADIS	Ocean County	SG 1313	0:14.04
3	CHRISTINA	ILIADIS	Ocean County	SG 1312	0:14.31
4	MATINA	GANIAEIS	Perth Amboy	SG 1006	0:14.75
5	ELENI	ZOUOLOS	Trenton	SG 1203	0:15.00
6	RENEE	ROUSOULI	Tenafly	SG 1107	0:15.21

2003 FINAL RESULTS FOR Jr. Boys 100 Meter Dash - EV#7INDIVCS 3

PLACE	RUNNER	CHURCH	CLASS	NUMBER	
1	TASO	FOTINOS	Asbury Park	JB 30	0:12.15
2	BILLY	GEORGE	Fairview	JB 201	0:12.48
3	TOMMY	BONARD	Westfield	JB 1434	0:12.80
4	KEITH	POLIZOIS	Wyckoff	JB 1558	0:13.09
5	BILLY	RESAVY	Wyckoff	JB 1551	0:13.41
6	EDDIE	TSETSEKAS	Orange	JB 1805	0:14.48

2003 FINAL RESULTS FOR Jr. Girls 100 Meter Dash - EV#8INDIVCS 4

PLACE	RUNNER	CHURCH	CLASS	NUMBER	
1	KOULA	LOUROS	Asbury Park	JG 16	0:14.51
2	CHRISTIE	BONTALES	Holmdel	JG 1603	0:14.78
3	NIKKI	BARRETT	Morris County	JG 103	0:15.04
4	CHRISTINA	MIROS	Tenafly	JG 1118	0:15.32
5	JOANNA	VARIAS	Trenton	JG 1207	0:15.60
6	REBECCA	HAYTER	Morris County	JG 114	0:15.88

2003 FINAL RESULTS FOR Sr. Boys 400 Meter Run - EV#1INDIVCS 13

PLACE	RUNNER	CHURCH	CLASS	NUMBER	
1	NICK KATSANOS	Clifton	SB	888	0:54.95
2	JEREMY EVANS	Morris County	SB	111	0:55.94
3	STEVE KAPSASKIS	Asbury Park	SB	8	1:00.58
4	NICK SKEVAKIS	Ocean County	SB	1330	1:01.85
5	THEODORE GEORGIOU	Union, St.Demetrios	SB	1707	1:10.71
6	JOHN EMMANOUILIDES	Paramus	SB	922	1:13.85

2003 FINAL RESULTS FOR Sr. Girls 400 Meter - EV#2INDIVCS 14

PLACE	RUNNER	CHURCH	CLASS	NUMBER	
1	LAUREN HEDINGER	Westfield	SG	1412	1:09.40
2	CHRISTINA ILIADIS	Ocean County	SG	1312	1:09.79
3	MARYANN SOLOMOS	Piscataway	SG	707	1:12.09
4	MELISSA KARAUIDIS	Asbury Park	SG	3	1:18.43

2003 FINAL RESULTS FOR Jr. Boys 400 Meter Run - EV#3INDIVCS 15

PLACE	RUNNER	CHURCH	CLASS	NUMBER	
1	STEPHEN LIAPIS	Holmdel	JB	1616	0:57.25
2	PETER HIOS	Paramus	JB	924	0:59.90
3	GUS PAPAIOANNOU	Union, St.Demetrios	JB	1715	1:02.17
4	TASO FOTINOS	Asbury Park	JB	30	1:09.86

2003 FINAL RESULTS FOR Jr. Girls 400 Meter Run - EV#4INDIVCS 16

PLACE	RUNNER	CHURCH	CLASS	NUMBER	
1	POLLY TOLIS	Piscataway	JG	745	1:14.08
2	MADELINE HEILMAN	Ocean County	JG	1354	1:14.81
3	RACHEL BOYADJIS	Morris County	JG	105	1:16.96
4	VICTORIA MOUTIS	Asbury Park	JG	2	1:17.67
5	LENA DIOTIS	Perth Amboy	JG	1013	1:26.80

2003 FINAL RESULTS FOR Sr. Boys 800 Meter Run - EV#43INDIVCS 19

PLACE	RUNNER	CHURCH	CLASS	NUMBER	
1	ALEXANDER LABUA	Morris County	SB	118	2:22.69
2	CHRISTOPHE ROSTEL	Perth Amboy	SB	1030	2:30.18
3	STEVE KAPSASKIS	Asbury Park	SB	8	2:32.08
4	CHRIS HANTSOULIS	Piscataway	SB	731	2:32.91
5	NICK SKEVAKIS	Ocean County	SB	1330	2:39.74
6	BILLY KOZOULIS	Union, St.Demetrios	SB	1709	2:47.07

2003 FINAL RESULTS FOR Sr. Girls 800 Meter Run - EV#44INDIVCS 20

PLACE	RUNNER	CHURCH	CLASS	NUMBER	
1	SOPHIA ILIADIS	Ocean County	SG	1313	2:52.29
2	MELISSA KARAUIDIS	Asbury Park	SG	3	3:14.09
3	THEODORA GULIADIS	Tenafly	SG	1103	3:16.34
4	ANNIE COSTAS	Perth Amboy	SG	1001	3:24.75
5	LAUREN HEDINGER	Westfield	SG	1412	3:26.79
6	TINA MARKOPOULOS	Fairview	SG	203	3:33.14

2003 FINAL RESULTS FOR Jr. Boys 800 Meter Run - EV#45INDIVCS 21

PLACE	RUNNER	CHURCH	CLASS	NUMBER	
1	DEAN IOANNOU	Morris County	JB	115	2:28.57
2	GUS PAPAIOANNOU	Union, St.Demetrios	JB	1715	2:32.47
3	GEORGE SARRIS	Asbury Park	JB	21	2:41.67
4	ANTHONY KINNIS	Tenafly	JB	1112	3:00.26
5	PETER DELIS	Clifton	JB	810	3:02.55

6 NICOLAS LOVETT Holmdel JB 1618 3:07.31

2003 FINAL RESULTS FOR Jr. Girls 800 Meter Run - EV#46INDIVCS 22

PLACE	RUNNER	CHURCH	CLASS	NUMBER	
1	LENA DIOTIS	Perth Amboy	JG	1013	3:01.29
2	ELENA POULAKOS	Fairview	JG	223	3:02.36
3	ERIN HEDINGER	Westfield	JG	1411	3:05.83
4	CHRISTINA ROTSIDES	Ocean County	JG	1307	3:14.74
5	KOULA LOUROS	Asbury Park	JG	16	3:18.74

2003 FINAL RESULTS FOR Sr. Boys Mile Run - EV#13INDIVCS 25

PLACE	RUNNER	CHURCH	CLASS	NUMBER	
1	ALEXANDER LABUA	Morris County	SB	118	5:06.05
2	CHRISTOPHE ROSTEL	Perth Amboy	SB	1030	5:18.33
3	ANDREW GRAMMATIKOS	Wyckoff	SB	1568	5:23.05
4	GEORGE ZAVOLAS	Union, St.Demetrios	SB	1718	6:00.30
5	NICK DERDEMEZIS	Tenafly	SB	1101	6:26.31
6	THEOORE CHRISTOLIAS	Fairview	SB	221	6:54.23

2003 FINAL RESULTS FOR Sr. Girls Mile Run - EV#14INDIVCS 26

PLACE	RUNNER	CHURCH	CLASS	NUMBER	
1	STEPHANIE STELLAKIS	Piscataway	JG	736	7:21.47
2	THEODORA GULIADIS	Tenafly	SG	1103	7:34.17
3	MELISSA KARAUIDIS	Asbury Park	SG	3	7:34.84
4	MEGAN MARINOS	Holmdel	SG	1619	7:46.19
5	STACY PLOUMITSAKOS	Ocean County	SG	1309	8:14.94

2003 FINAL RESULTS FOR Jr. Boys Mile Run - EV#15INDIVCS 27

PLACE	RUNNER	CHURCH	CLASS	NUMBER	
1	DEAN IOANNOU	Morris County	JB	115	5:15.20
2	PETER HIOS	Paramus	JB	924	5:29.00
3	GUS PAPAIOANNOU	Union, St.Demetrios	JB	1715	5:44.10
4	GEORGE SARRIS	Asbury Park	JB	21	5:59.57
5	GREGORIOS PLAKOUDAS	Holmdel	JB	1625	6:11.27
6	JON PAUL VESSIO	Ocean County	JB	1350	6:19.29

2003 FINAL RESULTS FOR Jr. Girls Mile Run - EV#16INDIVCS 28

PLACE	RUNNER	CHURCH	CLASS	NUMBER	
1	SOPHIA CHICK	Piscataway	JG	744	6:08.54
2	LENA DIOTIS	Perth Amboy	JG	1013	6:34.24
3	ELENA POULAKOS	Fairview	JG	223	6:47.00
4	ALESSANDRA LYKOGIANNIS	Westfield	JG	1419	7:15.23
5	CHRISTINA ROTSIDES	Ocean County	JG	1307	7:37.26
6	ATHENA THOMAS	Asbury Park	JG	15	8:13.24

FINAL RESULTS FOR Sr. Boys 4x100 Meter Relay - EV#17 &d@RELAYCS 1

1	Tenafly	0:50.16
2	Union, St.Demetrios	0:50.63
3	Asbury Park	0:53.12
4	Ocean County	0:53.63
5	Westfield	0:53.88
6	Holmdel	0:54.14

FINAL RESULTS FOR Sr. Girls 4x100 Meter Relay - EV#18 &d@RELAYCS 2

1	Ocean County	0:59.04
2	Morris County	1:03.11
3	Perth Amboy	1:03.16
4	Paramus	1:03.75

5	Tenafly	1:04.00
6	Trenton	1:04.26

FINAL RESULTS FOR Jr. Boys 4x100 Meter Relay - EV#19 &d@RELAYCS 3

1	Wyckoff	0:52.52
2	Fairview	0:53.07
3	Westfield	0:55.98
4	Holmdel	0:56.02
5	Ocean County	1:00.47

FINAL RESULTS FOR Jr. Girls 4x100 Meter Relay - EV#20 &d@RELAYCS 4

1	Trenton	1:03.19
2	Wyckoff	1:03.36
3	Morris County	1:04.64
4	Holmdel	1:05.38
5	Westfield	1:09.56
6	Clifton	1:11.76

FINAL RESULTS FOR Sr. Boys 4x400 Relay - EV#21 &d@RELAYCS 5

1	Ocean County	4:23.03
2	Morris County	4:23.28
3	Westfield	4:27.67
4	Piscataway	4:34.10
5	Holmdel	4:34.55
6	Tenafly	4:35.36

FINAL RESULTS FOR Sr. Girls 4x200 Meter Relay - EV#22 &d@RELAYCS 6

1	Ocean County	2:11.28
2	Westfield	2:20.05
3	Morris County	2:24.20
4	Perth Amboy	2:28.69
5	Tenafly	2:32.91
6	Fairview	2:37.54

FINAL RESULTS FOR Jr. Boys 4x400 Relay - EV#23 &d@RELAYCS 7

1	Wyckoff	4:36.07
2	Fairview	4:42.43
3	Morris County	4:48.25
4	Westfield	5:00.28
5	Paramus	5:12.43

FINAL RESULTS FOR Jr. Girls 4x200 Meter Relay - EV#24 &d@RELAYCS 8

1	Paramus	2:23.39
2	Wyckoff	2:25.58
3	Morris County	2:31.32
4	Tenafly	2:33.90
5	Westfield	2:36.03
6	Holmdel	2:44.63

Mixed 4 x 200 Relay

1	Westfield	01:56.78
2	Asbury	01:58.28
3	Paramus	01:58.57
4	Tenafly	01:59.81
5	Ocean	02:00.66
6	Morris	02:00.79

Swimming

Girls 50

Breast

1	SOPHIA	SIGOURAS	Tenafly	1120	JG	0:37.61
2	STEPHANIE	GERLETT	Wyckoff	1562	JG	0:41.51
3	VANIA	MONSUL	Cherry Hill	2121	JG	0:44.37
4	OLGA	PSYLLOS	Piscataway	730	JG	0:48.07
5	DINA	GRECA	Ocean County	1317	JG	0:49.32
6	CATHERINE	ZYMARIS	Wyckoff	1560	JG	0:55.39
7	VIVIAN	STELLAKIS	Holmdel	1629	JG	1:10.19

1	ANG	PLAKOUDAS	Holmdel	1624	SG	0:41.85
2	MARIA	GARO	Jersey City	301	SG	0:45.26
3	MARGIE	GIGINIS	Trenton Morris	1208	SG	0:54.58
4	VASO	CONSTANTINO	County	108	SG	1:00.95

Boys 50 Breast

1	GREGORIOS	PLAKOUDAS	Holmdel	1625	JB	0:35.32
2	SCOTT	HEILMAN	Ocean County	1339	JB	0:35.84
3	FRANK	DIAKOS	Union	1704	JB	0:36.47
4	MANOS	MALANDRENIAS	Union	1710	JB	0:42.92
5	JOHN	ARHONTOULIS	Piscataway	713	JB	0:49.77
6	BOBBY	KARAMANOS	Ocean County	1353	JB	1:00.28

1	LOUIE	PSYLLOS	Piscataway	718	SB	0:41.45
2	BILLY	BUCCO	Holmdel Morris	1605	SB	1:02.57
3	JEREMY	EVANS	County	111	SB	1:29.26

Boys 50 Free

1	GREGORIOS	PLAKOUDAS	Holmdel	1625	JB	0:25.67
2	SCOTT	HEILMAN	Ocean County	1339	JB	0:26.02
3	MANOS	MALANDRENIAS	Union	1710	JB	0:30.45
4	BOBBY	KARAMANOS	Ocean County	1353	JB	0:32.68
5	ARI	KALIMANIS	Piscataway	714	JB	0:36.84
6	STELIOS	PHILI	Wyckoff	1557	JB	0:44.90
7	JOHN	GRIMANIS	Cherry Hill	2118	JB	0:50.51

1	COSTA	MORAITIDES	Westfield	1420	SB	0:30.15
2	MICHAEL	LIGNOS	Tenafly Morris	1116	SB	0:30.49
3	JEREMY	EVANS	County	111	SB	0:31.63
4	LOUIE	PSYLLOS	Piscataway	718	SB	0:34.04
5	BILLY	BUCCO	Holmdel	1605	SB	0:41.66
6	ANDREW	STYLIANOU	Wyckoff	1571	SB	1:09.35

Girls 50 Free

1	MADELINE	HEILMAN	Ocean County	1354	JG	0:27.62
2	OLGA	PSYLLOS	Piscataway	730	JG	0:30.36
3	CHRISTIE	BONTALES	Holmdel	1603	JG	0:30.59
4	VANIA	MONSUL	Cherry Hill	2121	JG	0:31.53

5	CATHERINE	ZYMARIS	Wyckoff	1560	JG	0:37.13
6	KRISTINA	ZIAS	Westfield	1431	JG	0:37.70
7	VICKYA	KONTAS	Cherry Hill Morris	2110	JG	0:38.87
8	ELENI	CONSTANTINOU	County	107	JG	0:52.09
1	JENNIFER	KAKALETRIS	Westfield	1414	SG	0:31.34
2	ANG	PLAKOUDAS	Holmdel	1624	SG	0:32.20
3	MARIA	GARO	Jersey City Morris	301	SG	0:42.91
4	VASO	CONSTANTINOU	County	108	SG	0:48.50

Boys 50 Back

1	SCOTT	HEILMAN	Ocean County	1339	JB	0:29.72
2	GREGORIOS	PLAKOUDAS	Holmdel	1625	JB	0:30.44
3	MANOS	MALANDRENIAS	Union	1710	JB	0:40.60
4	BOBBY	KARAMANOS	Ocean County	1353	JB	0:43.65
1	FRANK	PAPADAKIS	Holmdel	1621	SB	1:29.55

Girls 50 Back

1	MADELINE	HEILMAN	Ocean County	1354	JG	0:31.70
2	OLGA	PSYLLOS	Piscataway	730	JG	0:33.04
3	CHRISTIE	BONTALES	Holmdel	1603	JG	0:35.08
4	VANIA	MONSUL	Cherry Hill	2121	JG	0:36.34
5	DINA	GRECA	Ocean County	1317	JG	0:46.72
6	CATHERINE	ZYMARIS	Wyckoff	1560	JG	0:49.22
7	STEPHANIE	BONTALES	Holmdel Morris	1604	JG	0:50.62
8	REBECCA	HAYTER	County	114	JG	0:54.17
1	JENNIFER	KAKALETRIS	Westfield	1414	SG	0:36.58

Mixed 200 Freestyle Relay

1	OCEAN	2:11.08
2	HOLMDEL	2:12.07
3	PISCATAWAY	2:21.61
4	CHERRY HILL	2:53.62

Event	Number	First Name	Last Name	Church	Distance
SR Girl Softball	1412	LAUREN	HEDINGER	Westfield	145.6
SR Girl Softball	1807	KATHY	MARKOURIS	Orange	135.3
SR Girl Softball	1601	CHRISTIN	ANASTOS	Holmdel	128
JR Girl Softball	1424	ELAINE	PINIAT	Westfield	132.2
JR Girl Softball	1604	STEPHANI	BONTALES	Holmdel	122.8
JR Girl Softball	114	REBECCA	HAYTER	Morris County	118.3
SR Boys Shotput	1609	ILIAS	FOUNTOUKIDIS	Holmdel	45' 1"
SR Boys Shotput	1330	NICK	SKEVAKIS	Ocean County	35' 3"
SR Boys Shotput	2123	EVAN	GINIS	Cherry Hill	33' 9.5"
SR Girls Shotput	1203	ELENI	ZOUOLOS	Trenton	28' 1.5"
SR Girls Shotput	123	IOANNA	PERIDES	Morris County	27' 9"
SR Girls Shotput	1332	GLORIA	PANTERMARAKI	Ocean County	26' 10"

JR Girls Shotput	749	VICKY	STRATOUDAKIS	Piscataway	29' 9"
JR Girls Shotput	1307	CHRISTIN	ROTSIDES	Ocean County	23' 6"
JR Girls Shotput	114	REBECCA	HAYTER	Morris County	22' 4.5"
JR Boys Shotput	1304	NICK	MANOS	Ocean County	39' 10"
JR Boys Shotput	126	PETER	TSILIOS	Morris County	37' 5"
JR Boys Shotput	1128	CONSTANT	ROUSOULI	Tenafly	35' 6"
SR Boys Long Jump	1329	CHRIS	LARRES	Ocean County	12' 4.5"
SR Boys Long Jump	702	JIMMY	STRATOUDAKIS	Piscataway	12' .75"
SR Boys Long Jump	1115	MICHAEL	SAVVA	Tenafly	11' 2.5"
SR Girls Long Jump	1332	GLORIA	PANTERMARAKI	Ocean County	8' 4.5"
SR Girls Long Jump	1313	SOPHIA	ILIADIS	Ocean County	6' 9.75"
SR Girls Long Jump	122	ELENA	PETRIDES	Morris County	6' 9.5"
JR Boys Long Jump	218	TOM	SOPHIAS	Fairview	10' 1.5"
JR Boys Long Jump	201	BILLY	GEORGE	Fairview	8' 3"
JR Boys Long Jump	2112	CHRIS	ALTUM	Cherry Hill	7' 1.25"
JR Girls Long Jump	921	KALI	TRAHANAS	Paramus	6' 9.75"
JR Girls Long Jump	925	VICKY	PAPADEMAS	Paramus	6' 9"
JR Girls Long Jump	749	VICKY	STRATOUDAKIS	Piscataway	5' 6.5"