



PORTUGAL DAY ROAD RACES

SUNDAY, JUNE 8, 2003

Newark, NJ

**\$1200
CASH
PRIZES**

5KM, Wheelchair, Mile, Kiddy Dash

5KM AND 1 MILE
FUN RUN FLAT COURSE

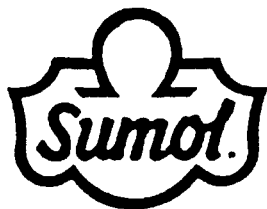
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Organized by: LAR DOS LEÕES / DEN OF LIONS

TIME:

5KM 9:00 AM **1Mile** 10:00am **Kiddy Dash** to follow.

PLACE:

82-84 Ferry St., Newark, NJ. At Iberia Restaurant Parking lot.

ENTRY-FEE:

5KM \$12 (postmark 6/3), &15(Day of race)
Last day to receive PRE-ENTRY is 6/3
Entries close at 8:45 AM day of race.

1Mile \$10 Entries close a 9:30 AM day of race
14 & under free registration.

AGE GROUPS:

5 KM 10 & under, 11-14, 15-19, 20-29, 30-39,
40-49, 50-59, 60-69, + 70.

Kiddy Dash Participants 6 and under only.

AWARDS:

5KM (OVERALL WINNER MALE/FEMALE)
For 1, 2, 3, place overall male/female (\$200, \$150, \$50)
Wheelchairs for 1, 2, 3, place overall (\$200, \$150, \$50).
NO DUPLICATE AWARDS.

1 Mile Trophies to first 3 Male/Female, Medals to all participants.

Kiddy Dash All participants receive medals.

Cooperation of:
Radio Luso-American
Ironbound Ambulance

T-SHIRTS:

T-Shirts to all Pre-Registrants and post-registrants
while supplies last.

ADDITIONAL INFORMATION:

Results will be posted on www.compuscore.com
Race is course certified.
For prize money you must be 18 and over.

DIRECTIONS:

From Rt. 21 North/South turn into Edison Place
onto Ferry St. (One block from Penn Station)

In consideration of the acceptance of this entry, I hereby waive and release all claims for damage or injury. I may have against the Portuguese Den of Lions, and Coutinho's Foundation, City of Newark and sponsors of the Portugal Day Races held on Sunday, June 8 2003. I attest and verify that I am physically fit and have trained sufficiently for this race.

Running - (circle one) **5 KM** **1 MILE**

T-SHIRT SIZE: **XL** **L** **M** **S**

Name _____ Sex _____ Age _____

Address _____

City _____ State _____ Zip _____ Phone(.....) _____

Signature _____ (Parent if applicant is under 18.)

Please complete the above information and make checks payable to: **downloaded from CompuScore**
DEN OF LIONS, 18 Gotthardt Street, Newark, NJ 07105.