



**To Register:**

Mail this form and a check payable to:  
 Mayor's Council on Physical Fitness  
 & Sports (M.C.P.F. & S.)  
 To: Race Director, 174 Rosewood Lane,  
 Port Reading, NJ 07064

- Fees: • 10K & 5K-\$15\* pre-registered (postmark by 8/20/03). \*\$2.00 off for USATF-NJ members (must provide number on entry). \$18 on day of race for all runners.  
 • Fun Run/Healthwalk Race fee is \$10.00 with T-shirt, (\$2.00 without).  
 • Lollipop Race fee is \$2.00



**SCHEDULE**

Sunday August 31st, 2003  
 7:00 am.....All registrations open.  
 9:00 am.....5K & 10K race starts.  
 10:30 am.....One mile Fun Run/  
 Healthwalk.  
 10:45 am.....Lollipop races start.  
 Race course is USATF certified.

RACE STARTS & FINISHES  
 AT WOODBRIDGE  
 TOWN HALL

- Water will be available at the start/finish and along the route.
- Race will take place rain or shine.
- T-shirts will be guaranteed to all 10K, 5K, Fun Run pre-registered runners (postmarked by 8/20/03) and late entries while supplies lasts.
- Refreshments will be available to all runners.
- Results will be mailed by Compu Score.
- For information, please contact:  
 Mr. Joseph Ward, Race Director (732) 541-9190  
 Fax: (732) 541-0521 E-mail: jward519@aol.com



500 pts.

*Awards*

10K MALE/FEMALE			5K MALE/FEMALE		
First	Second	Third	First	Second	Third
\$75	\$50	\$25	\$75	\$50	\$25

**SPECIAL MALE/  
 FEMALE AWARD TO  
 FIRST WOODBRIDGE  
 TOWNSHIP RESIDENT**

Cash awards to USATF  
 NJ members only in  
 5K & 10K

**AGE CATEGORY AWARDS  
 TO THE FIRST THREE  
 MALE & FEMALE WINNERS**

12 & under	35-39	
13-19	40-44	55-59
20-29	45-49	60-69
30-34	50-54	70 & over

*No duplicate awards*

**MAYOR'S FUN/RUN AWARDS**

Awards to the first male and female runners  
 and a memento to all finishers

*Sponsors*

**THE CLUB AT WOODBRIDGE**  
 585 Main Street, Woodbridge, NJ 07095 (732) 634-5000

**RARITAN BAY MEDICAL CENTER**  
 Perth Amboy Division: (732) 442-3700  
 Old Bridge Division: (732) 360-1000

**BERKELEY COLLEGE**  
 Woodbridge, NJ 07095 (732) 750-1800

**WILENTZ, GOLDMAN & SPITZER**  
 80 Woodbridge Ctr. Drive, Woodbridge, NJ 07095  
 (732) 636-8000

**ENTRY FORM**

Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_  
 State \_\_\_\_\_ Zip \_\_\_\_\_  
 Phone # ( ) \_\_\_\_\_  
 Date of Birth \_\_\_\_\_ Age on 8/31/03 \_\_\_\_\_  
 USATF-NJ# \_\_\_\_\_  
 Male \_\_\_\_\_ Female \_\_\_\_\_  
 Race Entered: 10K \_\_\_\_\_ 5K \_\_\_\_\_ Fun Run \_\_\_\_\_  
 Lollipop \_\_\_\_\_

In consideration of the acceptance of my entry, I, on behalf of myself, my heirs, executors, administrators and assignees, hereby release myself and discharge The Woodbridge Council on Physical Fitness & Sports, the Club at Woodbridge, The Crossroads of New Jersey Race Committee, the race sponsors, The Township of Woodbridge and its employees, officials and volunteers, USA Track & Field and all other sponsors or beneficiaries and their representatives, successors and assignees for all claims for damages and causes of action arising from or out of my participation in the "Woodbridge-Crossroads of New Jersey" Races. I attest that I am physically fit and that my condition has been verified by a physician. I am aware that the medical support for this event will be volunteer medical personnel who will be prepared to administer First Aid assistance only. I hereby grant permission to The Woodbridge Council on Physical Fitness & Sports and any other sponsors of this event to use all information submitted in this application and any record of this race containing my likeness, as well as race results including my name and competition time, for any purpose whatsoever, including but not limited to pre-race publicity. I hereby certify that I have read all the terms and conditions of this release and intend to be legally bound thereby.

Signature \_\_\_\_\_  
 (Parent's signature if under age 18)  
 Amount Enclosed \$ \_\_\_\_\_

This entry form may be duplicated.