



SPORTS Action/Reaction

Winters End 5k

& The PracticeHard Mile

Rahway Park, Rahway, NJ

March 22, 2003

5k - 9:30am Mile - 10:15am

5k Course
has 1/4 Mile Markers
-FAST-

FEES

5k Run Pre-Entry (03-20-03)
\$17 With Shirt
(\$2. Discount to USATF Members)

5k Run Post-Entry
\$20 With Shirt
While Supplies Last

PracticeHard Mile
PRE-ENTRY \$10 With Shirt
POST-ENTRY \$15 With Shirt
\$10 Youth 14 & Under

AGE GROUPS / AWARDS

14 & Under, 15-18, 19-29, 30-34, 35-39,
40-44, 45-49, 50-54, 55-59, 60-69, 70+

5 Mile Run - To First 3 Overall Finishers Male & Female
Top 3 Finishers In All Divisions Receive Awards
1 Mile Fun Run - First 3 Finishers Male & Female

Directions From Parkway

Get Off At Exit 136 (From South - At Exit Turn Right)
(From North - At Exit Make Right Then Make U Turn At 1st Light)
Go Straight Approx. 1/2 Mile. On Right Look For Sign For
Rahway Park. Make Right. Then Make 1st Left At Fork In Road.
Go Straight To Approx. Sign @ Church Street Into Main Park



500 points

CONTACT - RAY 908-245-9422

Downloaded from CompuScore
Winters End 5k 2003

Make Check Payable & Mail To:
Sports A/R WintersEnd - 253 W. Westfield Ave. Roselle Park, NJ 07204
Or Register On Line at www.active.com or www.signmeupsports.com

LAST NAME					
FIRST NAME					
BIRTH DATE	A		S		
	G		E		
	E		X		
EVENT	5k	1 Mile			

STREET				
CITY				
STATE		ZIP		
PHONE				
2003 USATF#				
E-MAIL				

Shirt Size				
S	M	L	XL	XXL
XXL Add \$2				

In consideration of this entry being accepted I hereby for myself, heirs, executors and administrators waive and release any claims I may have against any and all Parties, Groups, Organizations, Volunteers, Sponsors, and (or) any Representatives involved in The Winters End 5k for any and all injuries suffered by me in this event. I certify that I am physically able to compete in this event.

SIGNATURE

DATE

SIGNATURE OF PARENT IF UNDER 18