

SPUD SHORT TRIATHLON

Race Date:6-16-02

M90=Male Relay F90=Female Relay M91=Mixed Relay

Spud Short Triathlon Splits

<u>PI</u>	<u>Name</u>	<u>City,St</u>	<u>Age</u>	<u>Sx</u>	<u>Swim</u>	<u>SwPI</u>	<u>100M Pace</u>	<u>Bike</u>	<u>BkPI</u>	<u>MPH</u>	<u>Run</u>	<u>RnPI</u>	<u>Min/Mi</u>	<u>Finish</u>
1	Team McMullin	Male Relay,	90	M	12:26	2	1:39	51:49	15	18.0	20:26	2	06:35	1:24:41
2	Tom Biery	Rockville,MD	43	M	14:09	9	1:53	49:23	6	18.9	21:42	3	06:59	1:25:14
3	Rich Mandleur	Arlington,VA	32	M	15:21	22	2:03	47:37	2	19.6	22:51	9	07:21	1:25:49
4	Michael Cook	Richmond,VA	26	M	14:47	15	1:58	48:31	4	19.2	22:34	6	07:16	1:25:52
5	Michael Lin	Mclean,VA	29	M	15:27	23	2:04	47:10	1	19.8	24:33	25	07:54	1:27:10
6	Darren Boczar	Reston,VA	35	M	13:34	7	1:49	51:18	12	18.2	22:47	8	07:20	1:27:39
7	Adam Barbidge	Gaithersburg,MD	23	M	16:18	43	2:10	51:41	14	18.0	20:11	1	06:30	1:28:10
8	Zach Solomon	Gaithersburg,MD	28	M	15:15	19	2:02	50:03	7	18.6	23:54	15	07:42	1:29:12
9	Kevin Van Cott	Shawsville,VA	32	M	15:51	30	2:07	47:37	3	19.6	25:51	47	08:19	1:29:19
10	David Collins	Mclean,VA	31	M	13:23	5	1:47	50:47	9	18.3	26:30	57	08:32	1:30:40
11	Richard Hersh	Ashburn,VA	26	M	13:15	3	1:46	49:22	5	18.9	29:06	116	09:22	1:31:43
12	Guy Tomberlin	Blumont,VA	38	M	15:46	28	2:06	51:29	13	18.1	25:07	36	08:05	1:32:22
13	Jason Conway	Wernersville,PA	30	M	17:57	77	2:24	51:54	16	18.0	22:34	7	07:16	1:32:25
14	Brendan Lees	Silver Spring,MD	28	M	14:35	12	1:57	54:40	37	17.0	23:33	12	07:35	1:32:48
15	Martin Bunzendahl	Gaithersburg,MD	29	M	16:54	51	2:15	51:11	11	18.2	25:00	32	08:03	1:33:05
16	David Dickinson	Washington,DC	40	M	17:51	74	2:23	50:16	8	18.5	25:07	35	08:05	1:33:14
17	Andrew Mattingly	California,MD	36	M	19:39	140	2:37	50:52	10	18.3	22:56	10	07:23	1:33:27
18	Jack Summers	Baltimore,MD	41	M	16:48	45	2:14	52:49	26	17.6	23:55	16	07:42	1:33:32
19	David Paccassi	Warrenton,VA	27	M	15:56	33	2:07	53:16	29	17.5	24:43	27	07:57	1:33:55
20	Michael Waltman	Herndon,VA	32	M	12:08	1	1:37	52:24	20	17.8	29:33	127	09:31	1:34:05
21	Steven Jaworski	Woodstock,MD	43	M	16:03	37	2:08	52:36	22	17.7	25:54	49	08:20	1:34:33
22	Ray Reed	Baltimore,MD	43	M	17:37	68	2:21	53:36	31	17.4	23:35	13	07:35	1:34:48
23	Bill Shannon	Sterling,VA	33	M	16:00	35		53:01	185	13.7	25:53	48	09:56	1:34:54
24	Ian Buckley	Poolesville,MD	16	M	15:04	17	2:01	52:55	27	17.6	27:01	66	08:42	1:35:00
25	Sean O'brien	Arlington,VA	25	M	16:11	40	2:09	52:17	18	17.8	26:54	65	08:39	1:35:22
26	Stephanie Kerber	Chantilly,VA	28	F	16:07	39	2:09	54:56	41	17.0	25:02	34	08:03	1:36:05
27	Ryan Foster	Arlington,VA	25	M	16:01	36	0:01	55:00	65	16.0	25:12	39	00:00	1:36:13
28	Sean Bowman	Purcellville,VA	31	M	16:37	44	2:13	52:32	21	17.7	27:09	70	08:44	1:36:18
29	Ronald Dabrowski	Arlington,VA	32	M	15:18	20	2:02	56:45	50	16.4	24:18	20	07:49	1:36:21
30	John Heywood	Washington,DC	31	M	18:14	94	2:26	53:08	28	17.5	25:08	37	08:05	1:36:30
31	Scott Cook	Reisterstown,MD	46	M	18:26	104	2:27	52:21	19	17.8	26:08	54	08:25	1:36:55
32	Brenden Macpherson	Washington,DC	35	M	19:01	118	2:32	51:59	17	17.9	26:13	55	08:26	1:37:13
33	William Hardin	Arlington,VA	27	M	20:29	171	2:44	52:43	23	17.7	24:08	18	07:46	1:37:20

34	Stephen Mathis	Arlington,VA	47	M	15:12	18	2:02	54:28	33	17.1	28:04	99	09:02	1:37:44
35	Edwin Carey	Arlington,VA	26	M	19:11	123	2:33	56:09	45	16.6	22:25	4	07:13	1:37:45
36	Ken Schwarz	Vienna,VA	49	M	15:28	25	2:04	52:49	25	17.6	29:51	135	09:36	1:38:08
37	Joshua Marks	Washington,DC	24	M	19:29	132	2:36	57:06	54	16.3	22:33	5	07:15	1:39:08
38	Lowen Humphrey	Winchester,VA	41	F	16:57	54	2:16	54:53	40	17.0	27:21	76	08:48	1:39:11
39	Antonis Ioannidis	Chevy Chase,MD	44	M	17:52	76	2:23	53:53	32	17.3	27:35	90	08:53	1:39:20
40	Tracy Cartwright	Arlington,VA	35	F	16:48	46	2:14	55:03	42	16.9	27:30	87	08:51	1:39:21
41	Eric Johnson	Reston,VA	38	M	14:43	14	1:58	58:09	67	16.0	26:34	58	08:33	1:39:26
42	Dena Brzezicki	Clarksville,MD	31	F	17:49	70	2:23	57:12	58	16.3	24:27	23	07:52	1:39:28
43	Blake Phillips	Alexandria,VA	31	M	14:58	16	2:00	59:35	85	15.6	25:17	40	08:08	1:39:50
44	William Santos	Falls Church,VA	15	M	17:49	71	2:23	57:18	59	16.3	24:54	31	08:01	1:40:01
45	Michael Uttecht	Washington,DC	31	M	14:36	13	1:57	1:00:48	95	15.3	24:49	28	07:59	1:40:13
46	Lori Schmidt	Falls Church,VA	35	F	16:50	47	2:15	56:13	46	16.6	27:25	82	08:49	1:40:28
47	Richard Ridley	Alexandria,VA	33	M	18:16	97	2:26	54:28	34	17.1	27:49	96	08:57	1:40:33
48	Patrick Bandy	Alexandria,VA	43	M	16:58	55	2:16	59:13	81	15.7	24:28	24	07:52	1:40:39
49	Alec Zacaroli	Springfield,VA	33	M	18:13	91	2:26	59:03	79	15.8	23:56	17	07:42	1:41:12
50	Karen Bush	Alexandria,VA	40	F	13:22	4	1:47	59:13	80	15.7	28:45	111	09:15	1:41:20
51	Evan Henry	Millersville,MD	24	M	15:18	21	2:02	1:01:33	105	15.1	24:40	26	07:56	1:41:31
52	Aileen Bailey	Great Mills,MD	30	F	15:29	26	2:04	56:37	48	16.5	29:43	129	09:34	1:41:49
53	Nick Celenza	Gaithersburg,MD	42	M	15:27	24	2:04	57:35	62	16.2	28:59	114	09:20	1:42:01
54	Andrew Hadsell	Alexandria,VA	27	M	16:55	53	2:15	58:19	71	16.0	27:09	71	08:44	1:42:23
55	Jennifer Stecher	Washington,DC	25	F	18:56	116	2:31	58:21	72	16.0	25:08	38	08:05	1:42:25
56	Adam Barese	Severna Park,MD	29	M	18:17	98	2:26	56:50	51	16.4	27:22	79	08:48	1:42:29
57	Bruno Penet	Washington,DC	29	M	19:05	120	2:33	59:41	87	15.6	23:52	14	07:41	1:42:38
58	Jane Godfrey	Takoma Park,MD	53	F	19:13	125	2:34	57:08	56	16.3	26:36	59	08:34	1:42:57
59	Darryl Schaffer	Alexandria,VA	33	M	18:26	105	2:27	58:30	74	15.9	26:03	51	08:23	1:42:59
60	Clare Weber	Springfield,VA	36	F	16:16	42	2:10	57:06	53	16.3	29:59	137	09:39	1:43:21
61	Bryan Hantman	Washington,DC	28	M	20:29	172	2:44	52:46	24	17.7	30:14	148	09:44	1:43:29
62	Team Jaydogs	Male Relay,	90	M	22:18	207	2:58	56:36	47	16.5	24:51	29	08:00	1:43:45
63	Rick Broad	Ashburn,VA	36	M	19:31	136	2:36	58:18	70	16.0	26:04	52	08:23	1:43:53
64	David Riedman	Montgomery Vill,MD	17	M	15:54	32	2:07	53:25	30	17.4	34:48	220	11:12	1:44:07
65	Brad Hudgens	Arlington,VA	39	M	22:25	213	2:59	56:43	49	16.4	25:27	42	08:11	1:44:35
66	Colt Mckinney	Woodbridge,VA	35	M	23:54	234	3:11	54:51	39	17.0	26:01	50	08:22	1:44:46
67	Anthony Verni	Ellicott City,MD	31	M	16:50	48	2:15	1:00:54	96	15.3	27:06	68	08:43	1:44:50
68	Brian Crow	Sterling,VA	30	M	22:23	211	2:59	54:36	35	17.1	27:56	97	08:59	1:44:55
69	Jane Schultz	Annandale,VA	38	F	22:24	212	2:59	55:06	43	16.9	27:29	86	08:51	1:44:59
70	Michele Morris	Arlington,VA	28	F	17:29	64	2:20	1:00:59	99	15.3	26:39	60	08:35	1:45:07
71	Marco De Vito	Fairfax,VA	47	M	15:47	29	2:06	58:06	66	16.0	31:14	167	10:03	1:45:07
72	Christian Ianculescu	Rockville,MD	37	M	19:27	131	2:36	58:21	73	16.0	27:21	77	08:48	1:45:09
73	Kathy Talkington	Washington,DC	39	F	20:36	176	2:45	57:48	64	16.1	26:51	64	08:39	1:45:15
74	Mike Cao	Gaithersburg,MD	24	M	20:44	180	2:46	57:07	55	16.3	27:25	83	08:49	1:45:16
75	Cindy Champion	Harrisburg,PA	31	F	18:06	85	2:25	59:41	86	15.6	27:32	88	08:52	1:45:19

76	Ken Stockard	Alexandria,VA	27	M	19:24	129	2:35	1:00:25	93	15.4	25:34	43	08:14	1:45:23
77	Charles Blume	Takoma Park,MD	40	M	20:27	167	2:44	56:59	52	16.4	28:18	101	09:07	1:45:44
78	Ann Guppy	Arlington,VA	24	F	16:05	38	2:09	54:39	36	17.1	35:01	222	11:16	1:45:45
79	William Brakefield	Arlington,VA	36	M	19:08	122	2:33	59:58	92	15.5	26:41	61	08:35	1:45:47
80	Andrew Klapmust	Arlington,VA	28	M	17:35	66	2:21	1:01:22	102	15.2	27:19	74	08:48	1:46:16
81	Lisa Yarbrough	Arlington,VA	36	F	17:13	61	2:18	59:15	82	15.7	29:59	138	09:39	1:46:27
82	Brian Foley	Arlington,VA	38	M	20:27	168	2:44	57:25	60	16.2	28:42	108	09:14	1:46:34
83	Heather Kirtland	Baltimore,MD	27	F	18:05	84	2:25	58:18	69	16.0	30:12	145	09:43	1:46:35
84	Adam Shipp	Arlington,VA	17	M	18:36	110	2:29	1:01:05	100	15.3	27:15	72	08:46	1:46:56
85	Patrick White	Falls Church,VA	15	M	20:42	179	2:46	57:08	57	16.3	29:19	120	09:26	1:47:09
86	Rufus Harris	Fairfax Station,VA	61	M	16:50	49	2:15	1:00:02	89	15.5	30:21	150	09:46	1:47:13
87	Kasra Kangarloo	Falls Church,VA	15	M	19:40	142	2:37	58:32	75	15.9	29:24	123	09:28	1:47:36
88	Susannah Washburn	Alexandria,VA	30	F	18:23	102	2:27	1:03:35	131	14.7	26:07	53	08:24	1:48:05
89	Kimberly Kendrick	Springfield,VA	39	F	23:30	231	3:08	59:01	78	15.8	25:34	44	08:14	1:48:05
90	Bill Benko	Woodbridge,VA	41	M	24:21	241	3:15	59:32	84	15.7	24:26	22	07:52	1:48:19
91	Bradford Hill	Arlington,VA	24	M	22:29	214	3:00	58:52	77	15.8	27:02	67	08:42	1:48:23
92	John Bacon	Arlington,VA	45	M	27:43	270	3:42	57:45	63	16.1	22:59	11	07:24	1:48:27
93	Peter Tice	Washington,DC	30	M	18:18	99	2:26	1:02:42	116	14.9	27:47	94	08:57	1:48:47
94	Francesco Smith	Scaggsville,MD	47	M	20:00	154	2:40	1:02:01	111	15.0	26:51	63	08:39	1:48:52
95	Luis Hernandez	Washington,DC	37	M	22:10	205	2:57	1:01:07	101	15.2	25:43	45	08:17	1:49:00
96	Don Ruschaupt	Crofton,MD	32	M	19:41	144	2:37	1:04:24	142	14.5	25:01	33	08:03	1:49:06
97	Elizabeth Santos	Falls Church,VA	45	F	17:28	63	2:20	1:02:41	115	14.9	28:58	113	09:19	1:49:07
98	Nadia El-gabalawy	Silver Spring,MD	18	F	18:19	100	2:27	59:46	88	15.6	31:08	163	10:01	1:49:13
99	Melissa Blake	Annandale,VA	29	F	21:44	191	2:54	57:31	61	16.2	30:04	143	09:41	1:49:19
100	Stephanie Hagopian	Arlington,VA	29	F	17:15	62	2:18	1:02:50	119	14.8	29:16	119	09:25	1:49:21
101	Van Nguyen	Ashburn,VA	31	M	22:55	222	3:03	55:10	44	16.9	31:30	172	10:08	1:49:35
102	Wes Geertsema	Silver Spring,MD	33	M	20:24	165	2:43	1:01:28	104	15.2	27:59	98	09:00	1:49:51
103	Edward Welsh	Manassas,VA	33	M	18:12	89	2:26	1:02:02	112	15.0	30:13	146	09:44	1:50:27
104	Frank Delessio	Baltimore,MD	34	M	19:30	135	2:36	58:15	68	16.0	32:43	188	10:32	1:50:28
105	Rebecca Goodman	Baltimore,MD	29	F	19:53	148	2:39	1:00:55	97	15.3	29:51	134	09:36	1:50:39
106	Johana Reed	Alexandria,VA	42	F	19:01	119	2:32	1:01:42	107	15.1	30:09	144	09:42	1:50:52
107	Meredith Perish	Washington,DC	28	F	17:01	57	2:16	1:03:30	127	14.7	30:24	152	09:47	1:50:55
108	Jim Ecklund	Laytonsville,MD	40	M	18:29	108	2:28	1:02:17	113	15.0	30:14	147	09:44	1:51:00
109	Carey Macpherson	Washington,DC	31	F	20:10	159	2:41	1:03:08	121	14.8	28:23	104	09:08	1:51:41
110	Matthew Evans	Arlington,VA	27	M	18:44	112	2:30	1:01:24	103	15.2	31:57	175	10:17	1:52:05
111	Alan Mazzan	Alexandria,VA	31	M	20:15	160	2:42	59:30	83	15.7	32:24	185	10:26	1:52:09
112	Garry Devinger	Waldorf,MD	58	M	22:16	206	2:58	1:00:13	91	15.5	29:45	130	09:35	1:52:14
113	Robert Weiner	Accokeek,MD	55	M	22:42	217	3:02	1:04:15	140	14.5	25:20	41	08:09	1:52:17
114	Seth Weaver	Herndon,VA	28	M	19:58	151	2:40	1:03:30	128	14.7	28:51	112	09:17	1:52:19
115	Rebecca Hurst	Arlington,VA	27	F	19:12	124	2:34	1:04:19	141	14.5	29:04	115	09:21	1:52:35
116	Jens Nystedt	Washington,DC	30	M	19:56	149	2:39	1:02:46	118	14.8	30:04	142	09:41	1:52:46
117	Suzanne Piotrowski	Arlington,VA	28	F	15:51	31	2:07	1:09:46	206	13.4	27:24	81	08:49	1:53:01

118	Jon Montana	Upper Montclair,NJ	28	M	25:14	255	3:22	1:01:37	106	15.1	26:15	56	08:27	1:53:06
119	Heather Cook	Richmond,VA	26	F	16:13	41	2:10	1:01:47	108	15.1	35:12	225	11:20	1:53:12
120	Greg Knoll	Gambrills,MD	32	M	20:27	169	2:44	1:01:53	109	15.1	30:52	159	09:56	1:53:12
121	Amy Zacaroli	Springfield,VA	35	F	19:59	152	2:40	1:05:29	157	14.2	27:48	95	08:57	1:53:16
122	Christina Welsh	Manassas,VA	31	F	16:50	50	2:15	1:07:07	176	13.9	29:24	122	09:28	1:53:21
123	Heather Layton	Washington,DC	26	F	18:10	87	2:25	1:02:52	120	14.8	32:19	182	10:24	1:53:21
124	Anne Watson	Montgomery Vill,MD	31	F	14:24	11	1:55	1:05:41	160	14.2	33:23	199	10:45	1:53:28
125	Ann Principe	Wilmington,DE	38	F	20:49	182	2:47	1:04:32	144	14.4	28:11	100	09:04	1:53:32
126	Robert Clark	Alexandria,VA	37	M	21:08	185	2:49	1:03:52	133	14.6	28:32	106	09:11	1:53:32
127	Marcee Smith	Rockville,MD	51	F	17:51	75	2:23	1:04:02	136	14.6	31:51	174	10:15	1:53:44
128	Stan Vibbert	Annapolis,MD	55	M	19:46	146	2:38	1:04:15	139	14.5	30:00	139	09:39	1:54:01
129	Ricardo Zapata	Washington,DC	31	M	20:48	181	2:46	1:06:08	163	14.1	27:18	73	08:47	1:54:14
130	Susan Ju	Mclean,VA	29	F	19:25	130	2:35	1:05:08	149	14.3	29:46	131	09:35	1:54:19
131	Maureen Braun	Falls Church,VA	42	F	20:23	164	2:43	1:03:56	134	14.6	30:01	141	09:40	1:54:20
132	Seth Gottesman	Montgomery Vill,MD	28	M	26:46	264	3:34	1:03:18	124	14.7	24:24	21	07:51	1:54:28
133	Michael Thornton	Waldorf,MD	39	M	21:57	193	2:56	1:05:38	159	14.2	27:09	69	08:44	1:54:44
134	Anita Meginn	South Riding,VA	35	F	19:57	150	2:40	1:07:25	179	13.8	27:29	85	08:51	1:54:51
135	Christina Wu	Gaithersburg,MD	27	F	17:50	73	2:23	1:02:32	114	14.9	34:41	216	11:10	1:55:03
136	Joseph Pendry	Arlington,VA	32	M	18:14	95	2:26	1:04:10	138	14.5	32:48	189	10:33	1:55:12
137	Nicole Cunningham	Arlington,VA	33	F	17:11	59	2:17	1:05:17	152	14.3	32:53	192	10:35	1:55:21
138	Jane Sunderland	Washington,DC	34	F	18:30	109	2:28	1:05:29	156	14.2	31:30	171	10:08	1:55:29
139	Clayton Dean	Arlington,VA	29	M	22:18	208	2:58	1:02:44	117	14.9	30:32	156	09:50	1:55:34
140	Jerry Thomas	Centreville,MD	38	M	24:40	247	3:17	1:03:36	132	14.7	27:22	78	08:48	1:55:38
141	Susan Grymes	Alexandria,VA	32	F	20:28	170	2:44	1:05:11	151	14.3	30:00	140	09:39	1:55:39
142	Joanna Baltes	Upper Marlboro,MD	29	F	17:36	67	2:21	1:03:35	130	14.7	34:30	214	11:06	1:55:41
143	Robert Francis	Fairfax,VA	36	M	17:59	79	2:24	1:04:43	147	14.4	33:02	195	10:38	1:55:44
144	Robert Howell	Centreville,VA	39	M	20:34	174	2:45	1:01:58	110	15.0	33:15	198	10:42	1:55:47
145	Christine Consoletti	Falls Church,VA	34	F	20:01	156	2:40	1:08:16	186	13.6	27:41	92	08:55	1:55:58
146	Mark Allen	Ashburn,VA	43	M	20:32	173	2:44	1:04:40	146	14.4	30:49	158	09:55	1:56:01
147	John Gullucci	Woodstock,MD	48	M	21:57	194	2:56	1:06:37	170	14.0	27:29	84	08:51	1:56:03
148	Shane Keating	Crofton,MD	33	M	20:37	178	2:45	58:45	76	15.9	36:44	240	11:49	1:56:06
149	Laura Aguilar	Arlington,VA	31	F	18:45	113	2:30	1:09:07	197	13.5	28:28	105	09:10	1:56:20
150	Bart Hosick	Centreville,VA	41	M	27:51	271	3:43	1:00:09	90	15.5	28:23	103	09:08	1:56:23
151	Larry Keit Reyna	Saint Inigoes,MD	41	M	24:48	249	3:18	1:00:58	98	15.3	31:02	160	09:59	1:56:48
152	Lizzy Stallard	Bronx,NY	25	F	19:59	153	2:40	1:07:30	181	13.8	29:23	121	09:27	1:56:52
153	Thomas Burgum	South Riding,VA	31	M	13:47	8	1:50	1:17:19	259	12.1	25:49	46	08:19	1:56:55
154	Christy Hartman	Glen Burnie,MD	32	F	18:13	92	2:26	1:09:17	199	13.4	29:29	126	09:29	1:56:59
155	Lyndsey Layton	Washington,DC	37	F	18:14	96	2:26	1:04:58	148	14.3	33:48	206	10:53	1:57:00
156	Kevin Kitts	Silver Spring,MD	39	M	18:26	106	2:27	1:04:02	137	14.6	34:34	215	11:08	1:57:02
157	Camille Hotard	Annandale,VA	36	F	21:00	184	2:48	1:03:28	126	14.7	32:36	187	10:30	1:57:04
158	Theresa Moran	Huntingtown,MD	39	F	21:42	190	2:54	1:04:24	143	14.5	31:06	161	10:01	1:57:12
159	Andrew Colliton	Silver Spring,MD	42	M	24:25	243	3:15	1:03:23	125	14.7	29:28	124	09:29	1:57:16

160	Ellen Ver Planck	Centreville,VA	30	F	13:27	6	1:48	1:11:56	224	13.0	32:10	178	10:21	1:57:33
161	Rebecca Bagley	Shippensburg,PA	29	F	19:32	137	2:36	1:03:57	135	14.6	34:15	210	11:01	1:57:44
162	Colleen O'connor	Alexandria,VA	38	F	17:08	58	2:17	1:07:52	183	13.7	32:54	193	10:35	1:57:54
163	Mary Difonzo	Baltimore,MD	47	F	22:08	201	2:57	1:03:15	123	14.7	32:32	186	10:28	1:57:55
164	M Allende	Annandale,VA	40	F	18:00	80	2:24	1:05:18	154	14.3	34:48	219	11:12	1:58:06
165	Leslie Thornton	Washington,DC	29	F	19:18	127	2:34	1:05:50	161	14.2	33:11	197	10:41	1:58:19
166	Daniel Miles	Silver Spring,MD	38	M	19:23	128	2:35	1:06:10	165	14.1	32:49	191	10:34	1:58:22
167	Megan Blamble	Washington,DC	28	F	17:49	72	2:23	1:09:20	201	13.4	31:14	166	10:03	1:58:23
168	Edward Moser	Arlington,VA	45	M	22:09	204	2:57	1:08:43	192	13.6	27:37	91	08:53	1:58:29
169	Pamela Fairall	Glen Burnie,MD	27	F	23:56	235	3:11	1:05:20	155	14.3	29:15	118	09:25	1:58:31
170	Jean Zelinski	Arlington,VA	27	F	26:35	262	3:33	1:05:17	153	14.3	26:45	62	08:37	1:58:37
171	Kimberly Jones	Arlington,VA	26	F	18:59	117	2:32	1:10:05	210	13.3	29:42	128	09:34	1:58:46
172	Jill Beadles	Annandale,VA	37	F	22:08	202	2:57	1:06:44	172	14.0	29:55	136	09:38	1:58:47
173	Ana Bilik	Washington,DC	33	F	18:03	83	2:24	1:05:10	150	14.3	35:41	228	11:29	1:58:54
174	Joe Beadles	Annandale,VA	39	M	15:57	34	2:08	1:11:23	221	13.1	32:22	183	10:25	1:59:42
175	Lisa Bulge	Lake Ridge,VA	34	F	19:29	133	2:36	1:11:30	222	13.0	28:45	110	09:15	1:59:44
176	Doug Sharp	Washington,DC	34	M	40:49	292	5:27	54:41	38	17.0	24:15	19	07:48	1:59:45
177	Tammy Wincup	Washington,DC	29	F	18:50	114	2:31	1:07:25	178	13.8	33:36	200	10:49	1:59:51
178	Lonnie Eastin	Gambrills,MD	32	M	23:51	232	3:11	1:04:36	145	14.4	31:35	173	10:10	2:00:02
179	Michele Minovi	Washington,DC	31	F	21:13	186	2:50	1:06:57	173	13.9	32:01	176	10:18	2:00:11
180	Diane Finnegan	Alexandria,VA	26	F	20:22	162	2:43	1:09:00	194	13.5	31:23	169	10:06	2:00:45
181	Nicolle Gurule	Washington,DC	28	F	20:08	158	2:41	1:09:32	205	13.4	31:08	162	10:01	2:00:48
182	Amy Selby	Alexandria,VA	33	F	21:59	197	2:56	1:06:40	171	14.0	32:16	180	10:23	2:00:55
183	Adam Safir	Silver Spring,MD	30	M	20:36	177	2:45	1:13:02	233	12.8	27:23	80	08:49	2:01:01
184	Dennis Utterback	Washington,DC	51	M	29:37	282	3:57	1:00:42	94	15.4	30:43	157	09:53	2:01:02
185	Laura Armstrong	Hoboken,NJ	27	F	19:42	145	2:38	1:13:03	235	12.8	28:20	102	09:07	2:01:05
186	Allison Kaminsky	Waterford,VA	29	F	17:29	65	2:20	1:10:20	212	13.2	33:40	201	10:50	2:01:29
187	Natalie Schafer	Alexandria,VA	23	F	18:13	93	2:26	1:13:03	234	12.8	30:15	149	09:44	2:01:31
188	Andres Rico	Oak Hill,VA	30	M	18:20	101	2:27	1:08:19	188	13.6	34:53	221	11:14	2:01:32
189	Todd Blair	Arlington,VA	24	M	28:28	276	3:48	1:08:14	184	13.7	24:52	30	08:00	2:01:34
190	Susan Williams	Washington,DC	30	F	21:23	189	2:51	1:09:04	196	13.5	31:10	165	10:02	2:01:37
191	Alex Marouh	Falls Church,VA	15	M	20:26	166	2:43	1:05:33	158	14.2	36:05	233	11:37	2:02:04
192	Marie O'grady	Falls Church,VA	33	F	17:12	60	2:18	1:08:26	190	13.6	36:34	237	11:46	2:02:12
193	Angela Weatherwax	Washington,DC	28	F	23:59	236	3:12	1:07:19	177	13.8	31:10	164	10:02	2:02:28
194	Dody Disanto	Takoma Park,MD	49	F	18:10	88	2:25	1:12:45	231	12.8	32:11	179	10:21	2:03:06
195	Joanne Reker	Reston,VA	28	F	18:08	86	2:25	1:16:22	253	12.2	28:36	107	09:12	2:03:06
196	Megan Kearney	Odenton,MD	25	F	22:00	199	2:56	1:08:16	187	13.6	33:04	196	10:39	2:03:20
197	Thomas Moore	Washington,DC	28	M	26:31	261	3:32	1:09:31	204	13.4	27:21	75	08:48	2:03:23
198	Cory Churches	Washington,DC	33	F	21:58	195	2:56	1:10:01	209	13.3	31:25	170	10:07	2:03:24
199	Charles Mutschler	Pasadena,MD	38	M	25:57	258	3:28	1:08:19	189	13.6	29:14	117	09:25	2:03:30
200	Rachel Haynes	Washington,DC	27	F	23:07	225	3:05	1:09:24	203	13.4	31:20	168	10:05	2:03:51
201	Margaret Jordan	Silver Spring,MD	31	F	24:13	239	3:14	1:07:25	180	13.8	32:16	181	10:23	2:03:54

202	Krisanne Thornton	Waldorf,MD	34	F	22:18	209	2:58	1:12:06	225	12.9	29:49	132	09:36	2:04:13
203	Derek Taylor	Washington,DC	43	M	28:32	277	3:48	1:06:12	166	14.1	29:29	125	09:29	2:04:13
204	David Evans	Arlington,VA	25	M	23:23	228	3:07	1:13:18	237	12.7	27:41	93	08:55	2:04:22
205	Judy Keppel	Sarver,PA	40	F	19:05	121	2:33	1:16:48	255	12.1	28:43	109	09:15	2:04:36
206	Katie Phillips	Alexandria,VA	30	F	16:54	52	2:15	1:12:45	230	12.8	35:04	223	11:17	2:04:43
207	Donald White	Centreville,VA	46	M	17:00	56	0:00	0:00	0	0.0	34:42	217	30:36	2:04:43
208	Susan Allen	Alexandria,VA	33	F	17:38	69	2:21	1:13:31	241	12.7	33:42	203	10:51	2:04:51
209	Jeannine Calandra	Washington,DC	27	F	15:41	27	2:05	1:15:27	250	12.3	33:54	207	10:55	2:05:02
210	Angie Mauro	Herndon,VA	39	F	25:04	254	3:21	1:10:23	213	13.2	29:50	133	09:36	2:05:17
211	Matthew Payne	Alexandria,VA	30	M	19:40	143	2:37	1:11:03	216	13.1	35:17	227	11:21	2:06:00
212	Robert Perish	Farmington Hill,MI	59	M	22:45	219	3:02	1:09:22	202	13.4	33:59	209	10:56	2:06:06
213	Steven Inge	Westminster,MD	38	M	24:10	238	3:13	1:09:19	200	13.4	32:54	194	10:35	2:06:23
214	Gina Harnsen	Washington,DC	52	F	28:13	272	3:46	1:11:12	218	13.1	27:33	89	08:52	2:06:58
215	Janneke Bruce	Silver Spring,MD	29	F	19:38	139	2:37	1:13:41	243	12.6	33:44	204	10:51	2:07:03
216	Andrew Read	Annapolis,MD	25	M	18:01	81	2:24	1:13:30	240	12.7	35:49	230	11:32	2:07:20
217	Noreen Beatley	Washington,DC	42	F	22:56	223	3:03	1:05:51	162	14.2	38:34	257	12:25	2:07:21
218	Patricia White	Arlington,VA	28	F	19:39	141	2:37	1:09:48	207	13.3	37:55	249	12:12	2:07:22
219	Jeanne Cap	Washington,DC	27	F	18:26	107	2:27	1:11:05	217	13.1	38:38	258	12:26	2:08:09
220	James Fay	Annapolis,MD	57	M	24:20	240	3:15	1:03:30	129	14.7	40:30	268	13:02	2:08:20
221	Emily Mazzella	Kensington,MD	38	F	18:12	90	2:26	1:12:40	229	12.8	37:38	247	12:07	2:08:30
222	Carolyn Russell	Severna Park,MD	33	F	24:48	250	3:18	1:06:33	169	14.0	37:14	243	11:59	2:08:35
223	Andrew Boczar	Arlington,VA	15	M	20:01	157	2:40	1:07:06	175	13.9	41:28	273	13:21	2:08:35
224	Eric Tsibertzopoulos	Arlington,VA	31	M	22:18	210	2:58	1:06:14	167	14.1	40:08	266	12:55	2:08:40
225	Jackie Marsteller	Burke,VA	39	F	24:53	252	3:19	1:06:08	164	14.1	37:47	248	12:10	2:08:48
226	Andrea Shea	Stafford,VA	31	F	19:37	138	2:37	1:15:14	249	12.4	34:20	212	11:03	2:09:11
227	Mary Suhrstedt	Ellicott City,MD	50	F	25:30	257	3:24	1:10:00	208	13.3	33:58	208	10:56	2:09:28
228	Kathryn Walters	Bethesda,MD	23	F	19:29	134	2:36	1:12:52	232	12.8	37:14	244	11:59	2:09:35
229	Maziar Minovi	Washington,DC	36	M	24:38	246	3:17	1:08:38	191	13.6	36:29	236	11:45	2:09:45
230	Robyn Hulan	Annapolis,MD	28	F	28:25	274	3:47	1:07:30	182	13.8	34:20	211	11:03	2:10:15
231	Janet Mittel	Vienna,VA	38	F	17:58	78	2:24	1:14:10	244	12.6	38:11	251	12:17	2:10:19
232	Bill Reidway	Fairfax,VA	27	M	20:21	161	2:43	1:13:24	238	12.7	36:48	241	11:51	2:10:33
233	Emmanuelle Bayon	Washington,DC	28	F	21:51	192	2:55	1:15:05	248	12.4	33:41	202	10:50	2:10:37
234	John Tyson	Washington,DC	29	M	21:59	198	2:56	1:12:11	227	12.9	36:55	242	11:53	2:11:05
235	Renee Puppo	Centreville,VA	38	F	24:34	245	3:17	1:09:14	198	13.5	37:59	250	12:14	2:11:47
236	Cari McMullin	Arlington,VA	28	F	20:59	183	2:48	1:20:21	277	11.6	30:28	154	09:48	2:11:48
237	Siri Oswald	Arlington,VA	29	F	22:54	221	3:03	1:14:10	245	12.6	34:47	218	11:12	2:11:51
238	Jennifer Lynn-whaley	Washington,DC	31	F	22:08	203	2:57	1:11:40	223	13.0	38:17	256	12:19	2:12:05
239	Marina Hearing	Sterling,VA	27	F	22:31	215	3:00	1:19:29	271	11.7	30:21	151	09:46	2:12:21
240	Erin Thompson	Baltimore,MD	31	F	22:37	216	3:01	1:19:51	275	11.7	30:27	153	09:48	2:12:55
241	Jessica Datta	Falls Church,VA	26	F	18:24	103	2:27	1:15:29	251	12.3	39:11	263	12:37	2:13:04
242	Robin Runge	Washington,DC	33	F	18:54	115	2:31	1:18:41	267	11.8	35:57	231	11:34	2:13:32
243	Beth Jafari	Arlington,VA	34	F	30:40	287	4:05	1:10:13	211	13.3	32:48	190	10:33	2:13:41

244	Susan Stokes	Apex,NC	37	F	19:47	147	2:38	1:23:29	288	11.2	30:29	155	09:49	2:13:45
245	Hopkins Health Squad	Mixed Relay,	91	M	20:22	163	2:43	1:12:07	226	12.9	41:21	272	13:19	2:13:50
246	Kelly Greenauer	Alexandria,VA	26	F	23:21	227	3:07	1:09:02	195	13.5	42:18	281	13:37	2:14:41
247	Andrew Pulliam	Fairfax,VA	30	M	24:00	237	0:00	1:09:00	122	14.8	42:01	277	23:10	2:15:01
248	Robert Petty	Crofton,MD	49	M	29:57	285	4:00	1:08:45	193	13.6	36:27	234	11:44	2:15:09
249	Cathy Mcdonald	Washington,DC	38	F	23:26	230	3:07	1:17:52	263	12.0	34:21	213	11:03	2:15:39
250	Christina Viscomi	Fairfax,VA	26	F	21:20	187	2:51	1:12:20	228	12.9	42:14	280	13:36	2:15:54
251	Heather Read	Annapolis,MD	27	F	18:40	111	2:29	1:19:00	268	11.8	38:46	259	12:29	2:16:26
252	Peter Girolami	Baltimore,MD	33	M	20:00	155	0:00	0:00	0	0.0	38:13	252	29:39	2:16:43
253	Christine Kim	Morgantown,WV	27	M	26:44	263	3:34	1:17:53	264	12.0	32:09	177	10:21	2:16:46
254	Valerie Barlowe	Springfield,VA	30	F	19:15	126	2:34	1:17:04	258	12.1	40:39	269	13:05	2:16:58
255	Tim Cramblit	Waldorf,MD	36	M	27:26	269	3:39	1:11:18	219	13.1	38:14	254	12:18	2:16:58
256	Becky Milton	Arlington,VA	31	F	22:43	218	3:02	1:17:39	261	12.0	36:37	238	11:47	2:16:59
257	Tonja Werkman	Arlington,VA	27	F	22:07	200	2:57	1:19:04	269	11.8	36:04	232	11:36	2:17:15
258	Shannon Fogarty	Vienna,VA	27	F	25:22	256	3:23	1:19:39	273	11.7	32:22	184	10:25	2:17:23
259	Gerene Behrens	Washington,DC	33	F	26:17	260	3:30	1:16:33	254	12.2	35:14	226	11:20	2:18:04
260	Kristin Emery	Chevy Chase,MD	32	F	24:50	251	3:19	1:17:30	260	12.0	35:45	229	11:30	2:18:05
261	Christian Hviid	Washington,DC	25	M	14:14	10	1:54	1:19:30	272	11.7	44:22	287	14:17	2:18:06
262	Lindsay Barranco	Annapolis,MD	38	F	20:35	175	2:45	1:21:20	282	11.5	36:28	235	11:44	2:18:23
263	Jennifer Canane	Alexandria,VA	32	F	24:23	242	3:15	1:21:17	280	11.5	33:46	205	10:52	2:19:26
264	Debby Barbieri	Montgomery Vill,MD	32	F	21:20	188	2:51	1:16:12	252	12.2	42:03	278	13:32	2:19:35
265	Charlotte Defontaine	Washington,DC	34	F	27:15	267	3:38	1:10:47	214	13.2	41:50	274	13:28	2:19:52
266	Andrew Eichberg	Chevy Chase,MD	30	M	27:19	268	3:39	1:13:27	239	12.7	39:08	262	12:36	2:19:54
267	Nancy Darmory	Bethesda,MD	29	F	23:53	233	3:11	1:14:31	246	12.5	42:00	276	13:31	2:20:24
268	Catalina Rueda	Arlington,VA	26	F	21:58	196	2:56	1:21:48	285	11.4	36:41	239	11:48	2:20:27
269	Amanda Ahlstrand	Washington,DC	26	F	23:18	226	3:06	1:18:36	266	11.9	38:50	261	12:30	2:20:44
270	Michaela Gaaserud	Reston,VA	32	F	32:22	290	4:19	1:10:55	215	13.1	38:14	253	12:18	2:21:31
271	Searle Family	Female Relay,MD	90	F	30:00	286	4:00	1:16:58	257	12.1	35:11	224	11:19	2:22:09
272	Wanda Barkes	Fairfax,VA	30	F	26:47	266	3:34	1:18:14	265	11.9	37:15	245	11:59	2:22:16
273	Meghan Conklin	Washington,DC	26	F	23:24	229	3:07	1:19:42	274	11.7	39:29	264	12:42	2:22:35
274	Jennifer Anaya	Alexandria,VA	25	F	29:56	284	3:59	1:15:03	247	12.4	37:36	246	12:06	2:22:35
275	Carey Barlowe	Springfield,VA	34	M	26:08	259	3:29	1:16:50	256	12.1	39:49	265	12:49	2:22:47
276	Tanya Alteras	Silver Spring,MD	30	F	22:48	220	3:02	1:21:18	281	11.5	38:46	260	12:29	2:22:52
277	Vanessa Hayward	Sterling,VA	31	F	26:46	265	3:34	1:13:14	236	12.7	43:34	285	14:01	2:23:34
278	Diane Ecklund	Laytonsville,MD	40	F	32:18	289	4:18	1:11:20	220	13.1	40:16	267	12:58	2:23:54
279	Penny Paglia	Bedford Corners,NY	52	F	24:56	253	3:19	1:21:31	284	11.4	38:16	255	12:19	2:24:43
280	Ngina Simpson	Bethesda,MD	27	F	23:06	224	3:05	1:20:46	278	11.5	40:55	270	13:10	2:24:47
281	Ilene Lees	Silver Spring,MD	26	F	24:31	244	3:16	1:19:22	270	11.7	40:58	271	13:11	2:24:51
282	Ana Nystedt	Washington,DC	29	F	28:23	273	3:47	1:13:32	242	12.7	43:55	286	14:08	2:25:50
283	John D'amico	Hanover,PA	54	M	29:10	279	3:53	1:07:03	174	13.9	50:39	290	16:18	2:26:52
284	Nicole Morgado	Arlington,VA	33	F	29:17	280	3:54	1:20:04	276	11.6	42:05	279	13:33	2:31:26
285	Carolyn Gorman	Arlington,VA	57	F	28:25	275	3:47	1:21:21	283	11.5	42:33	282	13:42	2:32:19

286	Thomas White	Arlington,VA	30	M	29:34	281	3:57	1:20:52	279	11.5	41:54	275	13:29	2:32:20
287	Casey Henson	Vienna,VA	39	F	29:48	283	3:58	1:23:20	287	11.2	43:11	283	13:54	2:36:19
288	Team Cody	Male Relay,	90	M	24:40	248	3:17	1:15:01	168	14.1	59:57	293	22:08	2:39:38
289	Joel Henson	Vienna,VA	46	M	35:20	291	4:43	1:22:46	286	11.3	43:13	284	13:55	2:41:19
290	Lisa Gresham	Ellicott City,MD	34	F	18:02	82	2:24	1:35:22	291	9.8	49:38	288	15:58	2:43:02
291	Jennifer Broaddus	Ellicott City,MD	38	F	28:55	278	3:51	1:34:16	290	9.9	50:20	289	16:12	2:53:31
292	Meredith Eisenberg	Arlington,VA	34	F	30:58	288	4:08	1:34:05	289	9.9	52:37	291	16:56	2:57:40
293	William Horning	Emmitsburg,MD	32	M	44:40	293	5:57	1:17:49	262	12.0	56:06	292	18:03	2:58:35

AGE GROUP RESULTS

SPUD SHORT TRIATHLON
NO FINISHERS

MALE 14 AND UNDER

SPUD SHORT TRIATHLON
NO FINISHERS

FEMALE 14 AND UNDER

SPUD SHORT TRIATHLON

MALE AGES 15 TO 19

1.	Ian Buckley	Poolesville,MD	16	M	24	52	1:35:00	30:35
2.	William Santos	Falls Church,VA	15	M	44	305	1:40:01	32:11
3.	David Riedman	Montgomery Vill,MD	17	M	64	294	1:44:07	33:31
4.	Adam Shipp	Arlington,VA	17	M	84	318	1:46:56	34:25
5.	Patrick White	Falls Church,VA	15	M	85	372	1:47:09	34:29
6.	Kasra Kangarloo	Falls Church,VA	15	M	87	190	1:47:36	34:38
7.	Alex Marouh	Falls Church,VA	15	M	191	217	2:02:04	39:17
8.	Andrew Boczar	Arlington,VA	15	M	223	40	2:08:35	41:23

SPUD SHORT TRIATHLON

FEMALE AGES 15 TO 19

1.	Nadia El-gabalawy	Silver Spring,MD	18	F	98	106	1:49:13	35:09
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SPUD SHORT TRIATHLON

MALE AGES 20 TO 24

1.	Adam Barbidge	Gaithersburg,MD	23	M	7	19	1:28:10	28:23
2.	Joshua Marks	Washington,DC	24	M	37	389	1:39:08	31:54
3.	Evan Henry	Millersville,MD	24	M	51	158	1:41:31	32:40
4.	Mike Cao	Gaithersburg,MD	24	M	74	387	1:45:16	33:53
5.	Bradford Hill	Arlington,VA	24	M	91	165	1:48:23	34:53
6.	Todd Blair	Arlington,VA	24	M	189	36	2:01:34	39:08

SPUD SHORT TRIATHLON

FEMALE AGES 20 TO 24

1.	Ann Guppy	Arlington,VA	24	F	78	139	1:45:45	34:02
2.	Natalie Schafer	Alexandria,VA	23	F	187	307	2:01:31	39:07
3.	Kathryn Walters	Bethesda,MD	23	F	228	360	2:09:35	41:42

SPUD SHORT TRIATHLON

MALE AGES 25 TO 29

1.	Michael Cook	Richmond,VA	26	M	4	74	1:25:52	27:38
2.	Michael Lin	McLean,VA	29	M	5	211	1:27:10	28:03
3.	Zach Solomon	Gaithersburg,MD	28	M	8	311	1:29:12	28:43
4.	Richard Hersh	Ashburn,VA	26	M	11	163	1:31:43	29:31
5.	Brendan Lees	Silver Spring,MD	28	M	14	209	1:32:48	29:52

6.Martin Bunzendahl	Gaithersburg,MD	29 M	15	400	1:33:05	29:58
7.David Paccassi	Warrenton,VA	27 M	19	262	1:33:55	30:14
8.Sean O'brien	Arlington,VA	25 M	25	256	1:35:22	30:42
9.Ryan Foster	Arlington,VA	25 M	27	118	1:36:13	30:58
10.William Hardin	Arlington,VA	27 M	33	145	1:37:20	31:20
11.Edwin Carey	Arlington,VA	26 M	35	60	1:37:45	31:28
12.Andrew Hadsell	Alexandria,VA	27 M	54 C	141	1:42:23	32:57
13.Adam Barese	Severna Park,MD	29 M	56	21	1:42:29	32:59
14.Bruno Penet	Washington,DC	29 M	57	268	1:42:38	33:02
15.Bryan Hantman	Washington,DC	28 M	61	144	1:43:29	33:18
16.Ken Stockard	Alexandria,VA	27 M	76	327	1:45:23	33:55
17.Andrew Klapmust	Arlington,VA	28 M	80	199	1:46:16	34:12
18.Matthew Evans	Arlington,VA	27 M	110 C	109	1:52:05	36:04
19.Seth Weaver	Herndon,VA	28 M	114	391	1:52:19	36:09
20.Jon Montana	Upper Montclair,NJ	28 M	118 C	243	1:53:06	36:24
21.Seth Gottesman	Montgomery Vill,MD	28 M	132	131	1:54:28	36:50
22.Clayton Dean	Arlington,VA	29 M	139 C	88	1:55:34	37:12
23.Thomas Moore	Washington,DC	28 M	197	244	2:03:23	39:43
24.David Evans	Arlington,VA	25 M	204	108	2:04:22	40:02
25.Andrew Read	Annapolis,MD	25 M	216	285	2:07:20	40:59
26.Bill Reidway	Fairfax,VA	27 M	232	290	2:10:33	42:01
27.John Tyson	Washington,DC	29 M	234 C	350	2:11:05	42:11
28.Christine Kim	Morgantown,WV	27 M	253	196	2:16:46	44:01
29.Christian Hviid	Washington,DC	25 M	261 C	175	2:18:06	44:27

SPUD SHORT TRIATHLON

FEMALE AGES 25 TO 29

1.Stephanie Kerber	Chantilly,VA	28 F	26	195	1:36:05	30:55
2.Jennifer Stecher	Washington,DC	25 F	55	326	1:42:25	32:58
3.Michele Morris	Arlington,VA	28 F	70 C	248	1:45:07	33:50
4.Heather Kirtland	Baltimore,MD	27 F	83	197	1:46:35	34:18
5.Melissa Blake	Annandale,VA	29 F	99	37	1:49:19	35:11
6.Stephanie Hagopian	Arlington,VA	29 F	100	142	1:49:21	35:12
7.Rebecca Goodman	Baltimore,MD	29 F	105	128	1:50:39	35:37
8.Meredith Perish	Washington,DC	28 F	107	269	1:50:55	35:42
9.Rebecca Hurst	Arlington,VA	27 F	115	174	1:52:35	36:14
10.Suzanne Piotrowski	Arlington,VA	28 F	117	276	1:53:01	36:22
11.Heather Cook	Richmond,VA	26 F	119	73	1:53:12	36:26
12.Heather Layton	Washington,DC	26 F	123	206	1:53:21	36:29
13.Susan Ju	McLean,VA	29 F	130	186	1:54:19	36:48
14.Christina Wu	Gaithersburg,MD	27 F	135	378	1:55:03	37:02
15.Joanna Baltas	Upper Marlboro,MD	29 F	142	17	1:55:41	37:14
16.Lizzy Stallard	Bronx,NY	25 F	152	325	1:56:52	37:37
17.Rebecca Bagley	Shippensburg,PA	29 F	161	15	1:57:44	37:54
18.Leslie Thornton	Washington,DC	29 F	165	343	1:58:19	38:05
19.Megan Blamble	Washington,DC	28 F	167	38	1:58:23	38:06
20.Pamela Fairall	Glen Burnie,MD	27 F	169	111	1:58:31	38:09
21.Jean Zelinski	Arlington,VA	27 F	170	384	1:58:37	38:11
22.Kimberly Jones	Arlington,VA	26 F	171	184	1:58:46	38:14
23.Tammy Wincup	Washington,DC	29 F	177	376	1:59:51	38:34
24.Diane Finnegan	Alexandria,VA	26 F	180	113	2:00:45	38:52
25.Nicolle Gurule	Washington,DC	28 F	181 C	140	2:00:48	38:53

26.Laura Armstrong	Hoboken,NJ	27 F	185	13	2:01:05	38:58
27.Allison Kaminsky	Waterford,VA	29 F	186 C	189	2:01:29	39:06
28.Angela Weatherwax	Washington,DC	28 F	193	364	2:02:28	39:25
29.Joanne Reker	Reston,VA	28 F	195	291	2:03:06	39:37
30.Megan Kearney	Odenton,MD	25 F	196	191	2:03:20	39:42
31.Rachel Haynes	Washington,DC	27 F	200	153	2:03:51	39:52
32.Jeannine Calandra	Washington,DC	27 F	209	57	2:05:02	40:15
33.Janneke Bruce	Silver Spring,MD	29 F	215	50	2:07:03	40:53
34.Patricia White	Arlington,VA	28 F	218	373	2:07:22	41:00
35.Jeanne Cap	Washington,DC	27 F	219	59	2:08:09	41:15
36.Robyn Hulan	Annapolis,MD	28 F	230	171	2:10:15	41:55
37.Emmanuelle Bayon	Washington,DC	28 F	233	26	2:10:37	42:02
38.Cari Mcmullin	Arlington,VA	28 F	236 C	231	2:11:48	42:25
39.Siri Oswald	Arlington,VA	29 F	237 C	261	2:11:51	42:26
40.Marina Hearing	Sterling,VA	27 F	239	157	2:12:21	42:36
41.Jessica Datta	Falls Church,VA	26 F	241 C	85	2:13:04	42:50
42.Kelly Greenauer	Alexandria,VA	26 F	246	132	2:14:41	43:21
43.Christina Viscomi	Fairfax,VA	26 F	250 C	357	2:15:54	43:44
44.Heather Read	Annapolis,MD	27 F	251	286	2:16:26	43:55
45.Tonja Werkman	Arlington,VA	27 F	257	370	2:17:15	44:10
46.Shannon Fogarty	Vienna,VA	27 F	258	116	2:17:23	44:13
47.Nancy Darmory	Bethesda,MD	29 F	267 C	84	2:20:24	45:11
48.Catalina Rueda	Arlington,VA	26 F	268	298	2:20:27	45:12
49.Amanda Ahlstrand	Washington,DC	26 F	269	2	2:20:44	45:18
50.Meghan Conklin	Washington,DC	26 F	273	70	2:22:35	45:53
51.Jennifer Anaya	Alexandria,VA	25 F	274	9	2:22:35	45:53
52.Ngina Simpson	Bethesda,MD	27 F	280	320	2:24:47	46:36
53.Ilene Lees	Silver Spring,MD	26 F	281	210	2:24:51	46:37
54.Ana Nystedt	Washington,DC	29 F	282	254	2:25:50	46:56

SPUD SHORT TRIATHLON

MALE AGES 30 TO 34

1.Rich Mandleur	Arlington,VA	32 M	3	216	1:25:49	27:37
2.Kevin Van Cott	Shawsville,VA	32 M	9	353	1:29:19	28:45
3.David Collins	McLean,VA	31 M	10	68	1:30:40	29:11
4.Jason Conway	Wernersville,PA	30 M	13	72	1:32:25	29:45
5.Michael Waltman	Herndon,VA	32 M	20	361	1:34:05	30:17
6.Bill Shannon	Sterling,VA	33 M	23	315	1:34:54	30:33
7.Sean Bowman	Purcellville,VA	31 M	28	44	1:36:18	31:00
8.Ronald Dabrowski	Arlington,VA	32 M	29	83	1:36:21	31:01
9.John Heywood	Washington,DC	31 M	30	164	1:36:30	31:04
10.Blake Phillips	Alexandria,VA	31 M	43	273	1:39:50	32:08
11.Michael Uttecht	Washington,DC	31 M	45	351	1:40:13	32:15
12.Richard Ridley	Alexandria,VA	33 M	47	293	1:40:33	32:22
13.Alec Zacaroli	Springfield,VA	33 M	49	381	1:41:12	32:34
14.Darryl Schaffer	Alexandria,VA	33 M	59	306	1:42:59	33:09
15.Anthony Verni	Ellicott City,MD	31 M	67	355	1:44:50	33:44
16.Brian Crow	Sterling,VA	30 M	68	79	1:44:55	33:46
17.Peter Tice	Washington,DC	30 M	93	345	1:48:47	35:01
18.Don Ruschaupt	Crofton,MD	32 M	96	300	1:49:06	35:07
19.Van Nguyen	Ashburn,VA	31 M	101	253	1:49:35	35:16
20.Wes Geertsema	Silver Spring,MD	33 M	102	123	1:49:51	35:21

21.	Edward Welsh	Manassas,VA	33	M	103	369	1:50:27	35:33	
22.	Frank Delessio	Baltimore,MD	34	M	104	91	1:50:28	35:33	
23.	Alan Mazzan	Alexandria,VA	31	M	111	C	222	1:52:09	36:06
24.	Jens Nystedt	Washington,DC	30	M	116		255	1:52:46	36:18
25.	Greg Knoll	Gambrills,MD	32	M	120		201	1:53:12	36:26
26.	Ricardo Zapata	Washington,DC	31	M	129		383	1:54:14	36:46
27.	Joseph Pendry	Arlington,VA	32	M	136	C	267	1:55:12	37:05
28.	Shane Keating	Crofton,MD	33	M	148	C	192	1:56:06	37:22
29.	Thomas Burgum	South Riding,VA	31	M	153		54	1:56:55	37:38
30.	Doug Sharp	Washington,DC	34	M	176		316	1:59:45	38:33
31.	Lonnie Eastin	Gambrills,MD	32	M	178		99	2:00:02	38:38
32.	Adam Safir	Silver Spring,MD	30	M	183		303	2:01:01	38:57
33.	Andres Rico	Oak Hill,VA	30	M	188		292	2:01:32	39:07
34.	Matthew Payne	Alexandria,VA	30	M	211		266	2:06:00	40:33
35.	Eric Tsibertzopoulos	Arlington,VA	31	M	224	C	349	2:08:40	41:25
36.	Andrew Pulliam	Fairfax,VA	30	M	247	C	282	2:15:01	43:27
37.	Peter Girolami	Baltimore,MD	33	M	252		125	2:16:43	44:00
38.	Andrew Eichberg	Chevy Chase,MD	30	M	266		104	2:19:54	45:02
39.	Carey Barlowe	Springfield,VA	34	M	275		23	2:22:47	45:57
40.	Thomas White	Arlington,VA	30	M	286	C	374	2:32:20	49:02
41.	William Horning	Emmitsburg,MD	32	M	293	C	166	2:58:35	57:29

SPUD SHORT TRIATHLON

FEMALE AGES 30 TO 34

1.	Dena Brzezicki	Clarksville,MD	31	F	42	51	1:39:28	32:01	
2.	Aileen Bailey	Great Mills,MD	30	F	52	16	1:41:49	32:46	
3.	Cindy Champion	Harrisburg,PA	31	F	75	63	1:45:19	33:54	
4.	Susannah Washburn	Alexandria,VA	30	F	88	C	362	1:48:05	34:47
5.	Carey Macpherson	Washington,DC	31	F	109	C	214	1:51:41	35:57
6.	Christina Welsh	Manassas,VA	31	F	122		368	1:53:21	36:29
7.	Anne Watson	Montgomery Vill,MD	31	F	124	C	363	1:53:28	36:31
8.	Nicole Cunningham	Arlington,VA	33	F	137		81	1:55:21	37:08
9.	Jane Sunderland	Washington,DC	34	F	138		336	1:55:29	37:10
10.	Susan Grymes	Alexandria,VA	32	F	141		137	1:55:39	37:13
11.	Christine Consoletti	Falls Church,VA	34	F	145		71	1:55:58	37:19
12.	Laura Aguilar	Arlington,VA	31	F	149		1	1:56:20	37:27
13.	Christy Hartman	Glen Burnie,MD	32	F	154		151	1:56:59	37:39
14.	Ellen Ver Planck	Centreville,VA	30	F	160	C	354	1:57:33	37:50
15.	Ana Bilik	Washington,DC	33	F	173		35	1:58:54	38:16
16.	Lisa Bulge	Lake Ridge,VA	34	F	175		53	1:59:44	38:32
17.	Michele Minovi	Washington,DC	31	F	179	C	240	2:00:11	38:41
18.	Amy Selby	Alexandria,VA	33	F	182		314	2:00:55	38:55
19.	Susan Williams	Washington,DC	30	F	190		375	2:01:37	39:09
20.	Marie O'grady	Falls Church,VA	33	F	192		258	2:02:12	39:20
21.	Cory Churches	Washington,DC	33	F	198	C	64	2:03:24	39:43
22.	Margaret Jordan	Silver Spring,MD	31	F	201	C	185	2:03:54	39:53
23.	Krisanne Thornton	Waldorf,MD	34	F	202		342	2:04:13	39:59
24.	Katie Phillips	Alexandria,VA	30	F	206		274	2:04:43	40:08
25.	Susan Allen	Alexandria,VA	33	F	208		5	2:04:51	40:11
26.	Carolyn Russell	Severna Park,MD	33	F	222		302	2:08:35	41:23
27.	Andrea Shea	Stafford,VA	31	F	226		317	2:09:11	41:35
28.	Jennifer Lynn-whaley	Washington,DC	31	F	238		212	2:12:05	42:31

29.Erin Thompson	Baltimore,MD	31 F	240	341	2:12:55	42:47
30.Robin Runge	Washington,DC	33 F	242	299	2:13:32	42:59
31.Beth Jafari	Arlington,VA	34 F	243	180	2:13:41	43:02
32.Valerie Barlowe	Springfield,VA	30 F	254	24	2:16:58	44:05
33.Becky Milton	Arlington,VA	31 F	256	238	2:16:59	44:05
34.Gerene Behrens	Washington,DC	33 F	259	32	2:18:04	44:26
35.Kristin Emery	Chevy Chase,MD	32 F	260	107	2:18:05	44:27
36.Jennifer Canane	Alexandria,VA	32 F	263	58	2:19:26	44:53
37.Debby Barbieri	Montgomery Vill,MD	32 F	264	20	2:19:35	44:56
38.Charlotte Defontaube	Washington,DC	34 F	265 C	89	2:19:52	45:01
39.Michaela Gaaserud	Reston,VA	32 F	270	402	2:21:31	45:33
40.Wanda Barkes	Fairfax,VA	30 F	272 C	22	2:22:16	45:47
41.Tanya Alteras	Silver Spring,MD	30 F	276	7	2:22:52	45:59
42.Vanessa Hayward	Sterling,VA	31 F	277	154	2:23:34	46:12
43.Nicole Morgado	Arlington,VA	33 F	284	247	2:31:26	48:44
44.Lisa Gresham	Ellicott City,MD	34 F	290	135	2:43:02	52:28
45.Meredith Eisenberg	Arlington,VA	34 F	292 C	105	2:57:40	57:11

SPUD SHORT TRIATHLON

MALE AGES 35 TO 39

1.Darren Boczar	Reston,VA	35 M	6	41	1:27:39	28:13
2.Guy Tomberlin	Blumont,VA	38 M	12	346	1:32:22	29:44
3.Andrew Mattingly	California,MD	36 M	17	220	1:33:27	30:05
4.Brenden Macpherson	Washington,DC	35 M	32 C	213	1:37:13	31:17
5.Eric Johnson	Reston,VA	38 M	41 C	183	1:39:26	32:00
6.Rick Broad	Ashburn,VA	36 M	63	48	1:43:53	33:26
7.Brad Hudgens	Arlington,VA	39 M	65	170	1:44:35	33:40
8.Colt Mckinney	Woodbridge,VA	35 M	66	230	1:44:46	33:43
9.Christian Ianculescu	Rockville,MD	37 M	72 C	176	1:45:09	33:51
10.William Brakefield	Arlington,VA	36 M	79	45	1:45:47	34:03
11.Brian Foley	Arlington,VA	38 M	82	117	1:46:34	34:18
12.Luis Hernandez	Washington,DC	37 M	95	161	1:49:00	35:05
13.Robert Clark	Alexandria,VA	37 M	126	65	1:53:32	36:32
14.Michael Thornton	Waldorf,MD	39 M	133	344	1:54:44	36:56
15.Jerry Thomas	Centreville,MD	38 M	140	340	1:55:38	37:13
16.Robert Francis	Fairfax,VA	36 M	143	121	1:55:44	37:15
17.Robert Howell	Centreville,VA	39 M	144 C	169	1:55:47	37:16
18.Kevin Kitts	Silver Spring,MD	39 M	156	198	1:57:02	37:40
19.Daniel Miles	Silver Spring,MD	38 M	166	236	1:58:22	38:06
20.Joe Beadles	Annandale,VA	39 M	174	28	1:59:42	38:32
21.Charles Mutschler	Pasadena,MD	38 M	199	251	2:03:30	39:45
22.Steven Inge	Westminster,MD	38 M	213	177	2:06:23	40:41
23.Maziar Minovi	Washington,DC	36 M	229	239	2:09:45	41:46
24.Tim Cramblit	Waldorf,MD	36 M	255	78	2:16:58	44:05

SPUD SHORT TRIATHLON

FEMALE AGES 35 TO 39

1.Tracy Cartwright	Arlington,VA	35 F	40	61	1:39:21	31:59
2.Lori Schmidt	Falls Church,VA	35 F	46	410	1:40:28	32:20
3.Clare Weber	Springfield,VA	36 F	60 C	366	1:43:21	33:16
4.Jane Schultz	Annandale,VA	38 F	69	308	1:44:59	33:47
5.Kathy Talkington	Washington,DC	39 F	73	337	1:45:15	33:53
6.Lisa Yarbrough	Arlington,VA	36 F	81	380	1:46:27	34:16

7.	Kimberly Kendrick	Springfield,VA	39	F	89	193	1:48:05	34:47
8.	Amy Zacaroli	Springfield,VA	35	F	121	382	1:53:16	36:27
9.	Ann Principe	Wilmington,DE	38	F	125	281	1:53:32	36:32
10.	Anita Meginn	South Riding,VA	35	F	134	233	1:54:51	36:58
11.	Lyndsey Layton	Washington,DC	37	F	155	207	1:57:00	37:39
12.	Camille Hotard	Annandale,VA	36	F	157	C 168	1:57:04	37:41
13.	Theresa Moran	Huntingtown,MD	39	F	158	245	1:57:12	37:43
14.	Colleen O'connor	Alexandria,VA	38	F	162	C 257	1:57:54	37:57
15.	Jill Beadles	Annandale,VA	37	F	172	27	1:58:47	38:14
16.	Angie Mauro	Herndon,VA	39	F	210	221	2:05:17	40:19
17.	Emily Mazzella	Kensington,MD	38	F	221	C 223	2:08:30	41:21
18.	Jackie Marsteller	Burke,VA	39	F	225	218	2:08:48	41:27
19.	Janet Mittel	Vienna,VA	38	F	231	C 242	2:10:19	41:57
20.	Renee Puppo	Centreville,VA	38	F	235	283	2:11:47	42:25
21.	Susan Stokes	Apex,NC	37	F	244	328	2:13:45	43:03
22.	Cathy Mcdonald	Washington,DC	38	F	249	225	2:15:39	43:40
23.	Lindsay Barranco	Annapolis,MD	38	F	262	25	2:18:23	44:32
24.	Casey Henson	Vienna,VA	39	F	287	159	2:36:19	50:19
25.	Jennifer Broaddus	Ellicott City,MD	38	F	291	47	2:53:31	55:51

SPUD SHORT TRIATHLON

MALE AGES 40 TO 44

1.	Tom Biery	Rockville,MD	43	M	2	34	1:25:14	27:26
2.	David Dickinson	Washington,DC	40	M	16	94	1:33:14	30:00
3.	Jack Summers	Baltimore,MD	41	M	18	335	1:33:32	30:06
4.	Steven Jaworski	Woodstock,MD	43	M	21	181	1:34:33	30:26
5.	Ray Reed	Baltimore,MD	43	M	22	289	1:34:48	30:31
6.	Antonis Ioannidis	Chevy Chase,MD	44	M	39	179	1:39:20	31:58
7.	Patrick Bandy	Alexandria,VA	43	M	48	18	1:40:39	32:24
8.	Nick Celenza	Gaithersburg,MD	42	M	53	M 62	1:42:01	32:50
9.	Charles Blume	Takoma Park,MD	40	M	77	M 39	1:45:44	34:02
10.	Bill Benko	Woodbridge,VA	41	M	90	33	1:48:19	34:52
11.	Jim Ecklund	Laytonsville,MD	40	M	108	101	1:51:00	35:44
12.	Mark Allen	Ashburn,VA	43	M	146	284	1:56:01	37:20
13.	Bart Hosick	Centreville,VA	41	M	150	167	1:56:23	37:28
14.	Larry Keit Reyna	Saint Inigoes,MD	41	M	151	392	1:56:48	37:36
15.	Andrew Colliton	Silver Spring,MD	42	M	159	M 67	1:57:16	37:45
16.	Derek Taylor	Washington,DC	43	M	203	339	2:04:13	39:59

SPUD SHORT TRIATHLON

FEMALE AGES 40 TO 44

1.	Lowen Humphrey	Winchester,VA	41	F	38	172	1:39:11	31:55
2.	Karen Bush	Alexandria,VA	40	F	50	56	1:41:20	32:37
3.	Johana Reed	Alexandria,VA	42	F	106	M 288	1:50:52	35:41
4.	Maureen Braun	Falls Church,VA	42	F	131	46	1:54:20	36:48
5.	M Allende	Annandale,VA	40	F	164	M 6	1:58:06	38:01
6.	Judy Keppel	Sarver,PA	40	F	205	194	2:04:36	40:06
7.	Noreen Beatley	Washington,DC	42	F	217	M 29	2:07:21	40:59
8.	Diane Ecklund	Laytonsville,MD	40	F	278	100	2:23:54	46:19

SPUD SHORT TRIATHLON

MALE AGES 45 TO 49

1.	Scott Cook	Reisterstown,MD	46	M	31	75	1:36:55	31:12
2.	Stephen Mathis	Arlington,VA	47	M	34	219	1:37:44	31:27

3.Ken Schwarz	Vienna,VA	49 M	36	309	1:38:08	31:35
4.Marco De Vito	Fairfax,VA	47 M	71	390	1:45:07	33:50
5.John Bacon	Arlington,VA	45 M	92	14	1:48:27	34:54
6.Francesco Smith	Scaggsville,MD	47 M	94	388	1:48:52	35:02
7.John Gullucci	Woodstock,MD	48 M	147	138	1:56:03	37:21
8.Edward Moser	Arlington,VA	45 M	168	250	1:58:29	38:08
9.Donald White	Centreville,VA	46 M	207	371	2:04:43	40:08
10.Robert Petty	Crofton,MD	49 M	248	272	2:15:09	43:30
11.Joel Henson	Vienna,VA	46 M	289 M	160	2:41:19	51:55

SPUD SHORT TRIATHLON

FEMALE AGES 45 TO 49

1.Elizabeth Santos	Falls Church,VA	45 F	97	304	1:49:07	35:07
2.Mary Difonzo	Baltimore,MD	47 F	163	95	1:57:55	37:57
3.Dody Disanto	Takoma Park,MD	49 F	194 M	97	2:03:06	39:37

SPUD SHORT TRIATHLON

MALE AGES 50 TO 54

1.Dennis Utterback	Washington,DC	51 M	184	352	2:01:02	38:57
2.John D'amico	Hanover,PA	54 M	283 M	82	2:26:52	47:16

SPUD SHORT TRIATHLON

FEMALE AGES 50 TO 54

1.Jane Godfrey	Takoma Park,MD	53 F	58	126	1:42:57	33:08
2.Marcee Smith	Rockville,MD	51 F	127	322	1:53:44	36:36
3.Gina Harnsen	Washington,DC	52 F	214	146	2:06:58	40:52
4.Mary Suhrstedt	Ellicott City,MD	50 F	227 M	333	2:09:28	41:40
5.Penny Paglia	Bedford Corners,NY	52 F	279	263	2:24:43	46:35

SPUD SHORT TRIATHLON

MALE AGES 55 TO 59

1.Garry Devinger	Waldorf,MD	58 M	112	93	1:52:14	36:07
2.Robert Weiner	Accokeek,MD	55 M	113	367	1:52:17	36:08
3.Stan Vibbert	Annapolis,MD	55 M	128	356	1:54:01	36:42
4.Robert Perish	Farmington Hill,MI	59 M	212	270	2:06:06	40:35
5.James Fay	Annapolis,MD	57 M	220	112	2:08:20	41:18

SPUD SHORT TRIATHLON

FEMALE AGES 55 TO 59

1.Carolyn Gorman	Arlington,VA	57 F	285	129	2:32:19	49:01
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SPUD SHORT TRIATHLON

MALE AGES 60 TO 64

1.Rufus Harris	Fairfax Station,VA	61 M	86	148	1:47:13	34:30
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SPUD SHORT TRIATHLON
NO FINISHERS

FEMALE AGES 60 TO 64

SPUD SHORT TRIATHLON
NO FINISHERS

MALE 65 AND OVER

SPUD SHORT TRIATHLON
NO FINISHERS

FEMALE 65 AND OVER

RELAY RESULTS

SPUD SHORT TRIATHLON

MALE RELAY

1.Team Mcmullin	Male Relay,	90 M	1	232	1:24:41	27:15
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2.Team Jaydogs	Male Relay,	90 M	62	182	1:43:45	33:24
3.Team Cody	Male Relay,	90 M	288	66	2:39:38	51:23

SPUD SHORT TRIATHLON

FEMALE RELAY

1.Searle Family	Female Relay,MD	90 F	271	310	2:22:09	45:45
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SPUD SHORT TRIATHLON

MIXED RELAY

1.Hopkins Health Squad	Mixed Relay,	91 M	245	156	2:13:50	43:04
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OPEN CLYDESDALE/ATHENA RESULTS

SPUD SHORT TRIATHLON MALE CLYDESDALE/ATHENA

PLACE	RUNNER'S NAME	CITY/TOWN	AGE	SX	TEAM	(#)	TIME	PACE
1.	Richard Hersh	Ashburn,VA	26	M	C	163	1:31:43	29:31
2.	Brenden Macpherson	Washington,DC	35	M	C	213	1:37:13	31:17
3.	Eric Johnson	Reston,VA	38	M	C	183	1:39:26	32:00
4.	Andrew Hadsell	Alexandria,VA	27	M	C	141	1:42:23	32:57
5.	Christian Ianculescu	Rockville,MD	37	M	C	176	1:45:09	33:51
6.	Bradford Hill	Arlington,VA	24	M	C	165	1:48:23	34:53
7.	Matthew Evans	Arlington,VA	27	M	C	109	1:52:05	36:04
8.	Alan Mazzan	Alexandria,VA	31	M	C	222	1:52:09	36:06
9.	Jon Montana	Upper Montclair,NJ	28	M	C	243	1:53:06	36:24
10.	Joseph Pendry	Arlington,VA	32	M	C	267	1:55:12	37:05
11.	Clayton Dean	Arlington,VA	29	M	C	88	1:55:34	37:12
12.	Robert Howell	Centreville,VA	39	M	C	169	1:55:47	37:16
13.	Shane Keating	Crofton,MD	33	M	C	192	1:56:06	37:22
14.	Eric Tsibertzopoulos	Arlington,VA	31	M	C	349	2:08:40	41:25
15.	John Tyson	Washington,DC	29	M	C	350	2:11:05	42:11
16.	Andrew Pulliam	Fairfax,VA	30	M	C	282	2:15:01	43:27
17.	Christian Hviid	Washington,DC	25	M	C	175	2:18:06	44:27
18.	Thomas White	Arlington,VA	30	M	C	374	2:32:20	49:02
19.	William Horning	Emmitsburg,MD	32	M	C	166	2:58:35	57:29

SPUD SHORT TRIATHLON FEMALE CLYDESDALE/ATHENA

PLACE	RUNNER'S NAME	CITY/TOWN	AGE	SX	TEAM	(#)	TIME	PACE
1.	Clare Weber	Springfield,VA	36	F	C	366	1:43:21	33:16
2.	Michele Morris	Arlington,VA	28	F	C	248	1:45:07	33:50
3.	Ann Guppy	Arlington,VA	24	F	C	139	1:45:45	34:02
4.	Susannah Washburn	Alexandria,VA	30	F	C	362	1:48:05	34:47
5.	Carey Macpherson	Washington,DC	31	F	C	214	1:51:41	35:57
6.	Anne Watson	Montgomery Vill,MD	31	F	C	363	1:53:28	36:31
7.	Camille Hotard	Annandale,VA	36	F	C	168	1:57:04	37:41
8.	Ellen Ver Planck	Centreville,VA	30	F	C	354	1:57:33	37:50
9.	Colleen O'connor	Alexandria,VA	38	F	C	257	1:57:54	37:57
10.	Michele Minovi	Washington,DC	31	F	C	240	2:00:11	38:41
11.	Nicolle Gurule	Washington,DC	28	F	C	140	2:00:48	38:53
12.	Allison Kaminsky	Waterford,VA	29	F	C	189	2:01:29	39:06
13.	Cory Churches	Washington,DC	33	F	C	64	2:03:24	39:43
14.	Margaret Jordan	Silver Spring,MD	31	F	C	185	2:03:54	39:53
15.	Emily Mazzella	Kensington,MD	38	F	C	223	2:08:30	41:21
16.	Janet Mittel	Vienna,VA	38	F	C	242	2:10:19	41:57
17.	Cari McMullin	Arlington,VA	28	F	C	231	2:11:48	42:25

18.Siri Oswald	Arlington,VA	29	F	C	261	2:11:51	42:26
19.Jessica Datta	Falls Church,VA	26	F	C	85	2:13:04	42:50
20.Christina Viscomi	Fairfax,VA	26	F	C	357	2:15:54	43:44
21.Charlotte Defontaube	Washington,DC	34	F	C	89	2:19:52	45:01
22.Nancy Darmory	Bethesda,MD	29	F	C	84	2:20:24	45:11
23.Wanda Barkes	Fairfax,VA	30	F	C	22	2:22:16	45:47
24.Meredith Eisenberg	Arlington,VA	34	F	C	105	2:57:40	57:11

MASTERS CLYDESDALE/ATHENA RESULTS

SPUD SHORT TRIATHLON MALE MASTERS CLYDE/ATHENA

PLACE	RUNNER'S NAME	CITY/TOWN	AGE	SX	TEAM	(#)	TIME	PACE
1.	Nick Celenza	Gaithersburg,MD	42	M	M	62	1:42:01	32:50
2.	Charles Blume	Takoma Park,MD	40	M	M	39	1:45:44	34:02
3.	Andrew Colliton	Silver Spring,MD	42	M	M	67	1:57:16	37:45
4.	John D'amico	Hanover,PA	54	M	M	82	2:26:52	47:16
5.	Joel Henson	Vienna,VA	46	M	M	160	2:41:19	51:55

SPUD SHORT TRIATHLON FEMALE MASTERS CLYDE/ATHENA

PLACE	RUNNER'S NAME	CITY/TOWN	AGE	SX	TEAM	(#)	TIME	PACE
1.	Johana Reed	Alexandria,VA	42	F	M	288	1:50:52	35:41
2.	M Alliende	Annandale,VA	40	F	M	6	1:58:06	38:01
3.	Dody Disanto	Takoma Park,MD	49	F	M	97	2:03:06	39:37
4.	Noreen Beatley	Washington,DC	42	F	M	29	2:07:21	40:59
5.	Mary Suhrstedt	Ellicott City,MD	50	F	M	333	2:09:28	41:40