



From New York City: Cross the G.W. Bridge on the upper level and proceed directly on to the Palisades Interstate Pkwy. to Exit 4. Turn left at traffic light (9W North). Continue for 2.2 miles. Right at Tallman Mountain State Park *sign*. Follow double yellow lines to bottom of the hill, right at the stop sign. Half mile (*only*). Right at Gerhardt's Automotive Repair (Ash St.) and the M & T Bank.

From Tappan Zee Bridge: After crossing bridge, follow Exit 10 to 9W South. Drive approximately 4 miles, cross over Sparkill Creek, left at Tallman Mountain State Park *sign*. Follow double yellow lines. Right at the stop sign. Half mile (*only*). Right at Gerhardt's Automotive Repair (Ash St.) and the M & T Bank.

From 87 South and 287 East (Northern New Jersey): Exit 11 (last exit before Tappan Zee Bridge) turn left at traffic light (59 E.). Continue on 59 East (becomes Main St.). Travel for 4 traffic lights. After Nyack Grande Restaurant, right at Piermont Ave. About 3.5 miles, left at M & T Bank and Gerhardt's Automotive Repair (Ash St.).

From Palisades Parkway, North: Exit 5S (303 South), left at first traffic light (Kings Hwy.) all the way to the end, turn right at Rt. 340, follow signs to 340 and turn left at Ferdon Ave. (before Montebello's Restaurant) - (white church on right), continue along Sparkill Creek, turn right at Gerhardt's Automotive Repair & the M & T Bank.

From Rt. 340 (North Jersey Towns): Travel on Rt. 340 North, bear left at Montebello's Restaurant. First right at Ferdon Ave. Travel along Sparkill Creek, turn right at Gerhardt's Automotive Repair and the M & T Bank.

From Rt. 303: Follow Palisades Pkwy. North.



Rockland County Police Emerald Society Inc.
PO Box 371
Piermont, NY 10968

2nd Annual

ROCKLAND COUNTY POLICE
EMERALD SOCIETY

♣ 5K RUN/WALK

SUNDAY MAY 6, 2001 11 AM START