Mail completed application to: Sue Maurer, Chilton Memorial Hospital Apple Chase, Athletic Training Services, 97 West Parkway, Pompton Plains, NJ 07444

Last Name ☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐ First Name ☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐

Mailing Address Street (include apartment number and/or C/O)

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City ☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐ State ☐☐ Zip ☐☐☐☐☐

Phone ☐☐☐-☐☐☐-☐☐☐☐ Day or Evening ☐ ☐

Date of Birth ☐☐-☐☐-☐☐ Age on race day ☐☐ Sex ☐

Please make checks payable to Chilton Memorial Hospital: (CHECK ONE)

Pre-registration	**10K**	**5K Race or Walk**	**Slow-poker Walk**	**Fun Run**
Before April 27	☐ ($13)	☐ ($13)	☐ ($13)	☐ ($3)
USATF member	☐ ($11)	☐ ($11)	☐ ($11)	☐ ($3)

NOTE: 5K TEAMS must be pre-registered. Slow-pokers must be 18 or older.

Late Registration	**10K**	**5K Race or Walk**	**Slow-poker Walk**	**Fun Run**
After April 27	☐ ($16)	☐ ($16)	☐ ($16)	☐ ($5)

NOTE: NO late or same-day registration for 5K TEAMS.

Please confirm your event:
☐ 10K ☐ 5K Race or Walk ☐ Slow-poker Walk ☐ 5K Team ☐ Fun Run

ADDITIONAL DONATION
Enclosed is $ _____ to benefit the hospital's Outpatient Transportation Program and to support the Boys and Girls Club of Morris County in Pequannock.

I know someone who would like to volunteer on race day.
Name: _____ Phone: _____

I am unable to participate but wish to support the Apple Chase with a donation of $ _____.

RACE # Official Use ☐☐☐☐

5K TEAM # ☐☐☐☐

T-shirt sizes –
(Based upon availability. Please select a size.)
☐ S ☐ M ☐ L ☐ XL

Current 2001 USATF-NJ Number (if applicable)
☐☐☐☐☐☐☐☐☐☐

SPECIAL CATEGORIES
(10K & 5K Race or Walk only)
☐ CMH employee
☐ Pompton Plains/ Pequannock resident
☐ Husband/Wife Team (Please send forms together. Both must run in same race.)

☐ *5K Team Category*
(All individual applications must be mailed together by April 27.)
5K Team Affiliation: _____
_____
5K Team Captain: _____
_____
5K Division:
☐ Corporate ☐ Open
☐ Male ☐ Female ☐ Coed

Release: In consideration of your accepting this entry, I, the undersigned, intending to be legally bound for myself, heirs, executors, and administrators, waive and release any and all claims for damages and injury I may have against Chilton Memorial Hospital, the Township of Pequannock, Pequannock Township High School, USATF, their agents, servants, successors, and all other persons or entities involved in the promotion or staging of the Chilton Memorial Hospital Apple Chase: 10K, 5K Race or Walk, Slow-poker Walk, and Fun Run. I also give my permission for the use, without fee, of my name and picture in any broadcast, telecast, or print media account of this event for promotional and publicity purposes. I attest and verify that I am physically fit and have trained sufficiently for this event to be held on Saturday, May 5, 2001, in the Township of Pequannock, NJ.

SIGNATURE _____ DATE _____

Parental consent and signature (if under 18 years of age) _____ DATE _____

Chilton Memorial Hospital 12th Annual Apple Chase

What
- 10K (6.2 miles) race
- 5K (3.1 miles) race or walk
- Both professionally timed and scored
- Flat, fast, USATF-certified and sanctioned courses
- Slow-poker walk (2.5 miles)
- One-mile Fun Run

When • Saturday, May 5
- 10K – **8 a.m.** SHARP!
- 5K race or walk – **8 a.m.** SHARP!
- Slow-poker walk – **8 a.m.** SHARP!
- Fun Run – **8:45 a.m.**

All events will be held rain or shine.
Packet pick-up and late registration is ***7 to 7:45 a.m.*** *on race day at Pequannock Township High School gymnasium, 85 Sunset Road, Pompton Plains.*

Where
All events start and finish at Pequannock Township High School, 85 Sunset Road, Pompton Plains, NJ.

Directions

From Route 287 North/South
Take Route 287 to Exit 52A for Route 23 South. Go through the first light and take the first exit for West Parkway and the Boulevard. Follow signs to the right for West Parkway. The high school is approximately two miles south on the left. Turn left onto Sunset Road.

From Route 80/Route 46
Take Route 80 West or Route 46 West to Route 23 North. Continue about 1½ miles to the Newark-Pompton Turnpike exit. Continue on Newark-Pompton Turnpike about 4 miles to Sunset Road. Turn left onto Sunset Road. The high school is ¼ mile on the left.

From Route 23 South
Take Route 23 South to the exit for West Parkway and the Boulevard. Follow signs to the right for West Parkway. The high school is approximately two miles south on the left. Turn left onto Sunset Road.

Parking
Parking and restrooms at the high school.

10K route
Runners will start with 5K participants in front of Pequannock Township High School and travel **south** on West Parkway past Chilton Memorial. The route loops around Cross/Colfax/Cross onto West Parkway, turns left onto Slingerland, and left onto the Boulevard. Runners continue down the Boulevard, turn left onto Mountain Avenue, left onto West End Avenue, loop around Sunset, and return to the high school.

5K route
Out and back course. Runners will start with 10K participants and travel **north** on West Parkway toward Route 23. Turn around is past Mountain Avenue, adjacent to Foothills Park.

Slow-poker
Will follow 5K route.

Awards
10K and 5K
Awards to:
- Top three overall male and female
- Top three male and female (excluding overall winners) in the following age groups: 19 and under, 20-29, 30-39, 40-49, 50-59, 60-69, 70-79, and 80+
- Top male and female in the following special categories: Pompton Plains/Pequannock resident, Chilton Memorial Hospital employee, and husband/wife team

5K team
- Awards to top three male, female, and coed teams in both Corporate and Open divisions.
- Participation award based on largest number of participants from one group.

Fun Run
All participants receive ribbons.

Extras
- Free T-shirts to all pre-registered participants and others while they last
- Door prizes and refreshments
- Goodie packets (based on availability)
- Many new vendors
- Champion Chip timing system by Compuscore
- Race results mailed to your home and available via: www.compuscore.com

Questions
(973) 831-5280

USA TRACK & FIELD
new balance hasbrouck heights
New Jersey Grand Prix Event
500 points